

California LifeRing Meetings

11/9/2018

For additions or changes, please contact the LifeRing Service Center at 1-800-811-4142 or service@lifering.org

LifeRing California Face-to-Face Meetings, Sorted by Zip Code

ZIP CODE: 95123

San Jose **Monday 7:30pm** **Kaiser** 214

Address: 5755 Cottle Rd., San Jose, CA 95123

Building/Room: Building #23, Room #3

Focus: How Was Your Week with introduction to LifeRing included

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Rob A.

Phone: 831-212-0297

Email: liferingsj@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 90026

Los Angeles **Saturday 1:30pm** **LifeRing Secular Recovery - Cafe Tropical** 215

Address: 2900 W. Sunset Bl., Los Angeles, CA 90026

Building/Room: in the Silver Lake neighborhood

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingcalifornia.org/>

Contact: Christopher s

Phone:

Email: christopherjohn_smith@yahoo.com

Contact:

Phone:

Email:

ZIP CODE: 92104

San Diego **Thursday 6:30pm** **North Park Behavioral Health Center** 183

Address: 2136 El Cajon Blvd., San Diego, CA 92104

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingcalifornia.org/>

Contact: Greg H.

Phone:

Email: lsrgreg@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 92121

San Diego **Wednesday 6:00pm** **Lasting Recovery** 121

Address: 6046 Cornerstone Ct W, San Diego, CA 92121

Building/Room:

Focus: How Was Your Week?

Note: Dial #113 if late

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingcalifornia.org/>

Contact: Dave I.

Phone:

Email: liferingsandiego@gmail.com

Contact:

Phone:

Email:

San Diego Sunday 6:00pm Lasting Recovery 65

Address: 6046 Cornerstone Ct W, San Diego, CA 92121

Building/Room:

Focus: Workbook meeting

Note: Dial #113 if late

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingcalifornia.org/>

Contact: Leigh J.

Phone:

Email: liferingsandiego@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 92129

San Diego Monday 7:00pm St Timothy's Episcopal Church 298

Address: 10125 Azuaga St., San Diego, CA 92129

Building/Room:

Focus: How Was Your Week?

Note: Down the breezeway, second door on the left

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingcalifornia.org/>

Contact: Greg H.

Phone:

Email: lsrgregh@gmail.com

Contact:

Phone:

Email:

San Diego Wednesday 7:00pm St. Timothy's Episcopal Church 297

Address: 10125 Azuaga St., San Diego, CA 92129

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingcalifornia.org/>

Contact: Greg H.

Phone:

Email: lsrgregh@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 92553

Moreno Valley Monday 6:30pm Kaiser Permanente - Addiction Medicine Department 62

Address: 12815 Heacock St., Moreno Valley, CA 92553

Building/Room: Room #116

Focus: How Was Your Week?

Note: 1st meeting 11/05/2018, Meeting will not convene on Holidays when Kaiser is closed

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingcalifornia.org/>

Contact: Mike M

Phone: 510-928-8256

Email: ie.lifering@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 92648

Huntington Beach Thursday 7:00pm Huntington Beach Senior Center 354

Address: 18041 Goldenwest St, Huntington Beach, CA 92648

Building/Room: Travel Resources Room

Focus: How Was Your Week?

Note: Orange County Lifering meeting

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingcalifornia.org/>

Contact: Winsor B

Phone:

Email: oclifering@gmail.com

Contact: Ginny D

Phone:

Email: oclifering@gmail.com

ZIP CODE: 93720

Fresno **Monday 6:30pm** **Kaiser Permanente Medical Center** 131

Address: 7300 N. Fresno St, Fresno, CA 93720
Building/Room: 3rd floor Wawona room
Focus: How Was Your Week?
Note: Located between Herndon & Alluvial
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingcalifornia.org/>
Contact: Jim B. *Phone:* *Email:* jim-bat@pacbell.net
Contact: *Phone:* *Email:*

Fresno **Thursday 8:00pm** **Kaiser Permanente Medical Center** 301

Address: 7300 N. Fresno St, Fresno, CA 93720
Building/Room: 3rd floor in the Sierra Conference Room
Focus: How Was Your Week?
Note: Located between Herndon & Alluvial
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingcalifornia.org/>
Contact: David Roberts *Phone:* 559.213.0098 *Email:* profilesplus@sbcglobal.net
Contact: *Phone:* *Email:*

ZIP CODE: 93726

Fresno **Wednesday 8:00pm** **Fresno Kaiser CDRP** 80

Address: 4785 North 1st St., Fresno, CA 93726
Building/Room: 4th floor Conference room
Focus: How Was Your Week?
Note:
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingcalifornia.org/>
Contact: Tony W. *Phone:* *Email:* twilhelm@extremecomm3.com
Contact: *Phone:* *Email:*

ZIP CODE: 94010

Burlingame **Monday 7:00pm** **Mills-Peninsula Hospital** 85

Address: 1501 Trousdale Dr., Burlingame, CA 94010
Building/Room: Bldg B, 1st floor, Rm D
Focus: How Was Your Week?
Note:
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>
Contact: Mary Beth *Phone:* *Email:* marybeth@lifering.org
Contact: *Phone:* *Email:*

ZIP CODE: 94040

Mountain View **Wednesday 7:30pm** **LifeRing at El Camino Hospital** 74

Address: 2400 Grant Road, Mountain View, CA 94040
Building/Room: Park Pavilion (YMCA building), room 'L'
Focus: How Was Your Week?
Note:
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>
Contact: Byron K. *Phone:* 925.922.3553 *Email:* byron@lifering.org
Contact: *Phone:* *Email:*

ZIP CODE: 94115

San Francisco **Monday 7:15pm** **Kaiser CDRP** 70

Address: 1201 Fillmore St, San Francisco, CA 94115
Building/Room: Room 5
Focus: How Was Your Week?
Note: We do not meet on holidays
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>
Contact: Jim V. *Phone:* 415.515.0321 *Email:* jimvanover@sbcglobal.net
Contact: *Phone:* *Email:*

San Francisco **Tuesday 1:00pm** **Kaiser CDRP** 90

Address: 1201 Fillmore St., San Francisco, CA 94115
Building/Room: Room 8
Focus: How Was Your Week?
Note: We do not meet on holidays
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>
Contact: Jim V. *Phone:* 415.515.0321 *Email:* jimvanover@sbcglobal.net
Contact: *Phone:* *Email:*

ZIP CODE: 94121

San Francisco **Wednesday 12:15pm** **SF VAMC** 339

Address: 4150 Clement St, San Francisco, CA 94121
Building/Room: Bldg 203, Rm GA-48
Focus: How Was Your Week?
Note: Open to military, active or retired only
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>
Contact: Tonisa C. *Phone:* 806.290.1293 *Email:* tclardy2002@gmail.com
Contact: *Phone:* *Email:*

ZIP CODE: 94401

San Mateo **Saturday 12:00pm** **Mills Peninsula Health Services** 232

Address: 100 S. San Mateo Dr, San Mateo, CA 94401
Building/Room: 4th floor Millennium Room
Focus: How Was Your Week?
Note:
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>
Contact: Betsy Y. *Phone:* 650.576.9316 *Email:* betsyyawn@aol.com
Contact: *Phone:* *Email:*

ZIP CODE: 94501

Alameda **Wednesday 6:30pm** **Home of Truth Spiritual Center** 241

Address: 1300 Grand St, Alameda, CA 94501
Building/Room: Upstairs
Focus: How Was Your Week?
Note:
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>
Contact: Gary B *Phone:* no phone number *Email:* lfrngary@gmail.com
Contact: *Phone:* *Email:*

ZIP CODE: 94510

Benicia **Tuesday 7:00pm** **First Baptist Church of Benicia** 289

Address: 1055 Southampton Rd, Benicia, CA 94510

Building/Room: Meeting Room D

Focus: How Was Your Week?

Note: Look for sign

Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>

Contact: George K. *Phone:* 805-220-8328 *Email:* denkst@gmail.com

Contact: Greg C. *Phone:* 707-771-0490 *Email:* gsc Cox@pacbell.net

ZIP CODE: 94520

Concord **Thursday 7:00pm** **Center for Recovery** 264

Address: 2740 Grant Street, Concord, CA 94520

Building/Room: Medical Pavilion, Suit 3

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>

Contact: Kathy L *Phone:* 925-256-1850 *Email:* kthrn_lennon@yahoo.com

Contact: *Phone:* *Email:*

ZIP CODE: 94531

Antioch **Monday 11:00am** **Kaiser CDRP** 330

Address: 3454 Hillcrest Ave., Antioch, CA 94531

Building/Room: Rm 2A

Focus: How Was Your Week?

Note: Does not meet if Kaiser is closed

Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>

Contact: Scott H. *Phone:* 9252508572 *Email:* ichabodx9@yahoo.com

Contact: *Phone:* *Email:*

ZIP CODE: 94538

Fremont **Wednesday 6:00pm** **LifeRing @ Fremont Hosptial CDRP** 60

Address: 39021 Sundale Drive, Fremont, CA 94538

Building/Room: The clinic building across the parking lot from the main hospital

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#) *Local LifeRing Website:*

Contact: Chris H. *Phone:* *Email:* chris@cshappraisals.com

Contact: *Phone:* *Email:*

ZIP CODE: 94544

Hayward Saturday 5:00pm New Bridges Outreach Center 64

Address: 27287 Patrick Ave, Hayward, CA 94544

Building/Room: 2nd Floor

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Chris H.

Phone:

Email: cshappraisals@gmail.com

Contact:

Phone:

Email:

Hayward Sunday 5:00pm New Bridges Outreach Center 446

Address: 27287 Patrick Ave, Hayward, CA 94544

Building/Room: 2nd Floor

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Don S

Phone: 510-331-5629

Email: arthurdonaldsalazar53@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 94551

Livermore Monday 6:00pm Unitarian Universalist Church 92

Address: 1893 N.Vasco Rd., Livermore, CA 94551

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Geoffrey L.

Phone: 415-845-3799

Email: geoff.lane.phd@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 94553

Martinez Wednesday 7:00pm Veteran's Hospital 251

Address: 150 Muir Road, Martinez, CA 94553

Building/Room: conf. rm in Bldg 20

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Dennis M

Phone: 925.768.0049

Email: d5n@aol.com

Contact:

Phone:

Email:

ZIP CODE: 94558

Napa Thursday 7:00pm Napa LifeRing 173

Address: 2590 1st Street, Napa, CA 94558

Building/Room: CrossWalk Community Church in the Heritage Room

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsr.org>

Contact: Mike S. Joel C. and Melissa

Phone:

Email: napalifering@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 94568

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|---|-------------------------|--|------------|
| Dublin | Saturday 11:00am | John Knox Presbyterian Church | 199 |
| <i>Address:</i> 7421 Amarillo Rd., Dublin, CA 94568 | | | |
| <i>Building/Room:</i> Look for signs | | | |
| <i>Focus:</i> How Was Your Week? | | | |
| <i>Note:</i> | | | |
| <i>Map:</i> Click here for a Google Map | | <i>Local LifeRing Website:</i> http://liferingsf.org/ | |
| <i>Contact:</i> Dru B. | <i>Phone:</i> | <i>Email:</i> dru.boyd@yahoo.com | |
| <i>Contact:</i> | <i>Phone:</i> | <i>Email:</i> | |

ZIP CODE: 94577

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|---|----------------------------|--|-----------|
| San Leandro | Tuesday 6:15pm | Kaiser Hospital | 75 |
| <i>Address:</i> 2500 Merced St., San Leandro, CA 94577 | | | |
| <i>Building/Room:</i> Room A-13, first floor | | | |
| <i>Focus:</i> How Was Your Week? | | | |
| <i>Note:</i> | | | |
| <i>Map:</i> Click here for a Google map | | <i>Local LifeRing Website:</i> http://liferingsf.org/ | |
| <i>Contact:</i> Craig O. | <i>Phone:</i> 510-517-3345 | <i>Email:</i> bigox54@sbcglobal.net | |
| <i>Contact:</i> | <i>Phone:</i> | <i>Email:</i> | |

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|--|------------------------------|--|------------|
| San Leandro | Saturday 9:30am | All Saint's Episcopal Church | 250 |
| <i>Address:</i> 911 Dowling Boulevard, San Leandro, CA 94577 | | | |
| <i>Building/Room:</i> Fireside Room | | | |
| <i>Focus:</i> How Was Your Week? | | | |
| <i>Note:</i> | | | |
| <i>Map:</i> Click here for a Google map | | <i>Local LifeRing Website:</i> http://liferingsf.org/ | |
| <i>Contact:</i> John O | <i>Phone:</i> (510) 357-5273 | <i>Email:</i> maddogclc@gmail.com | |
| <i>Contact:</i> | <i>Phone:</i> | <i>Email:</i> | |

ZIP CODE: 94587

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|--|----------------------|--|------------|
| Union City | Monday 7:00pm | Kaiser Medical Building | 166 |
| <i>Address:</i> 3551 Whipple Rd., Union City, CA 94587 | | | |
| <i>Building/Room:</i> Building B, 3rd Floor, Rooms A & B | | | |
| <i>Focus:</i> How Was Your Week? | | | |
| <i>Note:</i> Does not meet if Kaiser is closed. | | | |
| <i>Map:</i> Click here for a Google map | | <i>Local LifeRing Website:</i> http://liferingsf.org/ | |
| <i>Contact:</i> Chris H. | <i>Phone:</i> | <i>Email:</i> cshappraisals@gmail.com | |
| <i>Contact:</i> | <i>Phone:</i> | <i>Email:</i> | |

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|---|-------------------------|--|------------|
| Hayward | Thursday 12:30pm | Aldon Oliver Sports Park | 151 |
| <i>Address:</i> 2580 Eden Park Pl, Hayward, CA 94587 | | | |
| <i>Building/Room:</i> park benches by the ticket office near the main parking lot | | | |
| <i>Focus:</i> How Was Your Week? | | | |
| <i>Note:</i> | | | |
| <i>Map:</i> Click here for a Google map | | <i>Local LifeRing Website:</i> http://liferingsf.org/ | |
| <i>Contact:</i> Greg S. | <i>Phone:</i> | <i>Email:</i> starke49@pacbell.net | |
| <i>Contact:</i> Jacqueline R. | <i>Phone:</i> | <i>Email:</i> jaykr@att.net | |

LifeRing California Face-to-Face Meetings, Sorted by Zip Code

Union City **Friday 6:00pm** **Kaiser Medical Building** 212

Address: 3551 Whipple Rd, Union City, CA 94587

Building/Room: Building B, Third Floor, Room 3D or Room 3C

Focus: How Was Your Week?

Note: Does not meet if Kaiser is closed

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Tim B.

Phone:

Email: timothybliss@comcast.net

Contact:

Phone:

Email:

ZIP CODE: 94589

Vallejo **Tuesday 12:00pm** **Kaiser CDRP** 110

Address: 800 Sereno Dr., Vallejo, CA 94589

Building/Room:

Focus: How Was Your Week?

Note: Sign @ check-in desk

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Charisse L.

Phone: 707 712-8481

Email: Charisselee1@hotmail.com

Contact:

Phone:

Email:

Vallejo **Friday 12:00pm** **Kaiser CDRP** 127

Address: 800 Sereno Dr., Vallejo, CA 94589

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Terry H.

Phone:

Email: terryghill@att.net

Contact:

Phone:

Email:

ZIP CODE: 94596

Walnut Creek **Tuesday 7:30pm** **Kaiser Medical Center** 160

Address: 1425 S. Main St, Walnut Creek, CA 94596

Building/Room: MAPLE CONFERENCE ROOM

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Rick M.

Phone:

Email: mcpeakrs@comcast.net

Contact:

Phone:

Email:

Walnut Creek **Wednesday 12:15pm** **Kaiser Medical Center** 329

Address: 710 South Broadway, Walnut Creek, CA 94596

Building/Room: Room 3-C

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Laura M

Phone: 925.699.5566

Email: mosleydance@yahoo.com

Contact:

Phone:

Email:

Walnut Creek **Thursday 7:30pm** **Mt. Diablo UU Church** 198

Address: 55 Eckley Lane, Walnut Creek, CA 94596

Building/Room: Oak Room

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Arnold P.

Phone:

Email: arnoldpustilnik@yahoo.com

Contact:

Phone:

Email:

Walnut Creek **Friday 12:15pm** **Kaiser Medical Center** 399

Address: 710 South Broadway, Walnut Creek, CA 94596

Building/Room: Room 3-E

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Laura M.

Phone: 925.699.5566

Email: mosleyldance@yahoo.com

Contact:

Phone:

Email:

ZIP CODE: 94607

Oakland **Tuesday 6:45pm** **Kaiser CDRP** 23

Address: 969 Broadway, Oakland, CA 94607

Building/Room: Group Room 3

Focus: How Was Your Week?

Note: Does not meet if Kaiser is closed

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: D. Woodsum

Phone:

Email: woodsumconstructioninc@gmail.com

Contact:

Phone:

Email:

Oakland **Thursday 6:45pm** **Kaiser CDRP** 104

Address: 969 Broadway, Oakland, CA 94607

Building/Room: Group Room 9

Focus: How Was Your Week?

Note: Does not meet if Kaiser is closed

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Marilyn K.

Phone:

Email: service@lifering.org

Contact:

Phone:

Email:

Oakland **Saturday 10:00am** **Kaiser CDRP** 82

Address: 969 Broadway, Oakland, CA 94607

Building/Room: Group Room 7

Focus: How Was Your Week?

Note: Does not meet if Kaiser is closed

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Patrick K

Phone:

Email: me@patrickkelleher.me

Contact:

Phone:

Email:

ZIP CODE: 94609

Oakland **Tuesday 8:30pm** **MPI** 119

Address: 3100 Summit St., Oakland, CA 94609

Building/Room: 5th Floor, Rm 4

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Liisa P.

Phone:

Email: liisapine@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 94611

Oakland **Sunday 11:00am** **Kaiser Hospital** 156

Address: 3600 Broadway, Oakland, CA 94611

Building/Room: Room at (lower lever) LL HH-2

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: John A.

Phone:

Email: jra8300@sbcglobal.net

Contact:

Phone:

Email:

ZIP CODE: 94704

Berkeley **Monday 8:00pm** **Herrick Hospital** 28

Address: 2001 Dwight Way, Berkeley, CA 94704

Building/Room: Basement Level A

Focus: How Was Your Week?

Note: Closed till Dec 17, Meet at Bill's house, call/email for address

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Bill C.

Phone: 510.548.9111

Email: andreegraham@yahoo.com

Contact:

Phone:

Email:

Berkeley **Thursday 7:30pm** **Herrick Hospital** 129

Address: 2001 Dwight Way, Berkeley, CA 94704

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Paul A.

Phone:

Email: eastbay_pda@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 94901

San Rafael **Monday 7:30pm** **Bayside Marin** 172

Address: 718 4th St., San Rafael, CA 94901

Building/Room: Meeting Room

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Coby S.

Phone:

Email: cobysmolens@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 94903

San Rafael **Wednesday 6:15pm** **San Rafael Kaiser CDU** 134

Address: 111 Smith Ranch Rd., San Rafael, CA 94903
Building/Room: Yosemite Room
Focus: How Was Your Week?
Note: Look for sign
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>
Contact: Steve B. *Phone:* (415) 320-2181 *Email:* sberkley@me.com
Contact: *Phone:* *Email:*

San Rafael **Friday 6:30pm** **San Rafael Kaiser CDU** 315

Address: 111 Smith Ranch Rd., San Rafael, CA 94903
Building/Room: Yosemite Room
Focus: How Was Your Week?
Note: Look for sign
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>
Contact: Coby S. *Phone:* 415-747-5709 *Email:* cobysmolens@gmail.com
Contact: *Phone:* *Email:*

ZIP CODE: 94952

Petaluma **Tuesday 7:30pm** **Olympia House** 50

Address: 11207 Valley Ford Rd., Petaluma, CA 94952
Building/Room:
Focus: How Was Your Week?
Note:
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsr.org>
Contact: John H *Phone:* 707-596-8860 *Email:* liferingsr@gmail.com
Contact: *Phone:* *Email:*

ZIP CODE: 95125

San Jose **Friday 7:30pm** **Christ the Good Shepherd Church** 72

Address: 1550 Meridian Ave., San Jose, CA 95125
Building/Room:
Focus: How Was Your Week?
Note:
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>
Contact: Byron K. *Phone:* 925.922.3553 *Email:* byron@lifering.org
Contact: *Phone:* *Email:*

ZIP CODE: 95401

Santa Rosa **Monday 7:30pm** **UNITARIAN CHURCH** 2

Address: 547 Mendocino Ave, Santa Rosa, CA 95401
Building/Room:
Focus: How Was Your Week?
Note:
Map: [Click here for a Google Map](#) *Local LifeRing Website:* <http://liferingsr.org>
Contact: Peter P. *Phone:* 707-596-8860 *Email:* liferingsr@gmail.com
Contact: *Phone:* *Email:*

Santa Rosa **Wednesday 8:00pm** **Kaiser CDRP** 15

Address: 3554 Round Barn Blvd., Santa Rosa, CA 95401

Building/Room: Room H

Focus: How Was Your Week?

Note: between 7th & 10th

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsr.org>

Contact: Chris A.

Phone: 707-596-8860

Email: liferingsr@gmail.com

Contact:

Phone:

Email:

Santa Rosa **Thursday 7:00pm** **Unitarian Universalist Church** 36

Address: 547 Mendocino Ave, Santa Rosa, CA 95401

Building/Room: classroom #2

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsr.org>

Contact: Todd W.

Phone: 707-596-8860

Email: liferingsr@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 95404

Santa Rosa **Friday 1:00pm** **Interlink Self Help Center** 48

Address: 1033 4th St., Santa Rosa, CA 95404

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsr.org>

Contact: Jenn P.

Phone: 707-546-4481 extension 2

Email: liferingsr@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 95436

Forestville **Sunday 1:00pm** **Food For Thought** 76

Address: 6550 Railroad Ave, Forestville, CA 95436

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsr.org>

Contact: David Vergi

Phone: 707-596-8860

Email: liferingsr@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 95448

Healdsburg **Tuesday 7:00pm** **Good Shepherd Lutheran Church** 217

Address: 1402 University Street, Healdsburg, CA 95448

Building/Room: Conference Room

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsr.org>

Contact: Chris L.

Phone: 707-566-8790

Email: chris@chrislamela.com

Contact:

Phone:

Email:

ZIP CODE: 95472

Sebastopol **Tuesday 7:00pm** **St. Stephen's Episcopal church** 136

Address: 500 Robinson Rd., Sebastopol, CA 95472

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsr.org>

Contact: Eric F. *Phone:* 707-596-8860 *Email:* liferingsr@gmail.com

Contact: *Phone:* *Email:*

Sebastopol **Saturday 12:00pm** **Azure Acres Recovery Center** 270

Address: 2264 Green Hill Rd., Sebastopol, CA 95472

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsr.org>

Contact: D'Ann G. *Phone:* *Email:* girlwpearl@gmail.com

Contact: *Phone:* *Email:*

ZIP CODE: 95628

Fair Oaks **Saturday 9:00am** **Fair Oaks Raley's** 411

Address: 4840 San Juan Ave, Fair Oaks, CA 95628

Building/Room:

Focus: How Was Your Week?

Note: Sunset and San Juan

Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://www.liferingsacramento.org/>

Contact: Jody A. *Phone:* *Email:* harold@lifering.org

Contact: *Phone:* *Email:*

ZIP CODE: 95630

Folsom **Thursday 7:00pm** **Kaiser Folsom** 368

Address: 2155 Iron Point Road, Folsom, CA 95630

Building/Room: 1st floor room across from vending machines

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://www.liferingsacramento.org/>

Contact: Stan K. *Phone:* *Email:* harold@lifering.org

Contact: *Phone:* *Email:*

ZIP CODE: 95661

Roseville **Tuesday 5:00pm** **Roseville Raley's** 340

Address: 1915 Douglas Blvd., Roseville, CA 95661

Building/Room: meeting is inside the store near the magazines in the event center

Focus:

Note:

Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://www.liferingsacramento.org/>

Contact: Brady F. *Phone:* 831-214-3500 *Email:* harold@lifering.org

Contact: *Phone:* *Email:*

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|--|-----------------------|--|-----|
| Roseville | Sunday 10:00am | Roseville Raley's | 412 |
| <i>Address:</i> 1915 Douglas Blvd., Roseville, CA 95661 | | | |
| <i>Building/Room:</i> meeting is inside the store near the magazines in the event center | | | |
| <i>Focus:</i> How Was Your Week? | | | |
| <i>Note:</i> | | | |
| <i>Map:</i> Click here for a Google map | | <i>Local LifeRing Website:</i> http://www.liferingsacramento.org/ | |
| <i>Contact:</i> harold@lifering.org | <i>Phone:</i> | <i>Email:</i> harold@lifering.org | |
| <i>Contact:</i> | <i>Phone:</i> | <i>Email:</i> | |

ZIP CODE: 95667

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|---|----------------------|--|-----|
| Placerville | Sunday 5:00pm | Here & Tao Hypnotherapy | 300 |
| <i>Address:</i> 419 Main Street, Placerville, CA 95667 | | | |
| <i>Building/Room:</i> Suite 318 | | | |
| <i>Focus:</i> How Was Your Week? | | | |
| <i>Note:</i> | | | |
| <i>Map:</i> Click here for a Google map | | <i>Local LifeRing Website:</i> http://www.liferingsacramento.org/ | |
| <i>Contact:</i> Ben | <i>Phone:</i> | <i>Email:</i> harold@lifering.org | |
| <i>Contact:</i> | <i>Phone:</i> | <i>Email:</i> | |

ZIP CODE: 95688

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|---|----------------------------|--|-----|
| Vacaville | Monday 7:00pm | Kaiser Hospital | 358 |
| <i>Address:</i> 1 Quality Dr, Vacaville, CA 95688 | | | |
| <i>Building/Room:</i> Bldg A, 1st Floor | | | |
| <i>Focus:</i> How Was Your Week? | | | |
| <i>Note:</i> behind Peets Coffee | | | |
| <i>Map:</i> Click here for a Google map | | <i>Local LifeRing Website:</i> http://liferingsf.org/ | |
| <i>Contact:</i> Darlene B. | <i>Phone:</i> 707.392-8056 | <i>Email:</i> lvacaville@gmail.com | |
| <i>Contact:</i> | <i>Phone:</i> | <i>Email:</i> | |

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|--|-------------------------|--|-----|
| Vacaville | Thursday 12:15pm | Kaiser Hospital | 180 |
| <i>Address:</i> 1 Quality Dr, Vacaville, CA 95688 | | | |
| <i>Building/Room:</i> Meet in the waiting area prior to getting a meeting room | | | |
| <i>Focus:</i> Women's only meeting | | | |
| <i>Note:</i> | | | |
| <i>Map:</i> Click here for a Google map | | <i>Local LifeRing Website:</i> http://liferingsf.org/ | |
| <i>Contact:</i> Valerie R. | <i>Phone:</i> | <i>Email:</i> 52valerie52@gmail.com | |
| <i>Contact:</i> | <i>Phone:</i> | <i>Email:</i> | |

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| Vacaville | Thursday 7:00pm | Kaiser Hospital | 293 |
| <i>Address:</i> 1 Quality Dr, Vacaville, CA 95688 | | | |
| <i>Building/Room:</i> Bldg A, 1st Floor | | | |
| <i>Focus:</i> How Was Your Week? | | | |
| <i>Note:</i> behind Peets Coffee | | | |
| <i>Map:</i> Click here for a Google map | | <i>Local LifeRing Website:</i> http://liferingsf.org/ | |
| <i>Contact:</i> Brian P. | <i>Phone:</i> 707.689.8036 | <i>Email:</i> lvacaville@gmail.com | |
| <i>Contact:</i> | <i>Phone:</i> | <i>Email:</i> | |

ZIP CODE: 95758

Elk Grove **Friday 6:00pm** **Raley's Elk Grove** 421

Address: 4900 Elk Grove Blvd, Elk Grove, CA 95758
Building/Room: Event Center Room
Focus: How Was Your Week?
Note: Meeting sometimes at Peet's Coffee - Look for signs
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://www.liferingsacramento.org/>
Contact: Lisa J. *Phone:* *Email:* liferingsouthsac@yahoo.com
Contact: *Phone:* *Email:*

ZIP CODE: 95821

Sacramento **Tuesday 7:30pm** **Kaiser Watt** 383

Address: 2829 Watt Blvd., Sacramento, CA 95821
Building/Room: Suite 150, Room 2
Focus: How Was Your Week?
Note:
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://www.liferingsacramento.org/>
Contact: Stan K *Phone:* *Email:* harold@lifering.org
Contact: *Phone:* *Email:*

ZIP CODE: 95823

Sacramento **Monday 4:15pm** **Strategies for Change South** 337

Address: 4343 Williamsborough Drive, Sacramento, CA 95823
Building/Room:
Focus: Meetings may have a Child Protective Services Orientation
Note:
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://www.liferingsacramento.org/>
Contact: Strategies for Change South *Phone:* (916) 395-3552 *Email:* harold@lifering.org
Contact: *Phone:* *Email:*

Sacramento **Tuesday 4:15pm** **Strategies for Change South** 427

Address: 4343 Williamsborough Drive, Sacramento, CA 95823
Building/Room:
Focus: Meetings may have a Child Protective Services Orientation
Note:
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://www.liferingsacramento.org/>
Contact: Strategies for Change South *Phone:* (916) 395-3552 *Email:* harold@lifering.org
Contact: *Phone:* *Email:*

Sacramento **Friday 4:25pm** **Strategies for Change South** 338

Address: 4343 Williamsborough Drive, Sacramento, CA 95823
Building/Room:
Focus: Meetings may have a Child Protective Services Orientation
Note:
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://www.liferingsacramento.org/>
Contact: Strategies for Change South *Phone:* (916) 395-3552 *Email:* harold@lifering.org
Contact: *Phone:* *Email:*

ZIP CODE: 95835

Sacramento

Sunday 11:00am

Natomas Raley's

13

Address: 4650 Natomas Blvd, Sacramento, CA 95835

Building/Room: Event Center Inside next to the pharmacy

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://www.liferingsacramento.org/>

Contact: Staff

Phone:

Email: harold@lifering.org

Contact:

Phone:

Email:

ZIP CODE: 95841

Sacramento

Monday 9:00am

Strategies for Change North

426

Address: 4441 Auburn Blvd, Ste E, Sacramento, CA 95841

Building/Room: Conf Room

Focus:

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://www.liferingsacramento.org/>

Contact: Strategies for Change North

Phone: (916) 473-5764

Email: harold@lifering.org

Contact:

Phone:

Email:

Sacramento

Wednesday 9:00am

Strategies for Change North

423

Address: 4441 Auburn Blvd, Ste E, Sacramento, CA 95841

Building/Room: Conf Room

Focus:

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://www.liferingsacramento.org/>

Contact: Strategies for Change North

Phone: (916) 473-5764

Email: harold@lifering.org

Contact:

Phone:

Email:

Sacramento

Thursday 9:00am

Strategies for Change North

424

Address: 4441 Auburn Blvd, Ste E, Sacramento, CA 95841

Building/Room: Conf Room

Focus:

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://www.liferingsacramento.org/>

Contact: Strategies for Change North

Phone: (916) 473-5764

Email: harold@lifering.org

Contact:

Phone:

Email: