

# California LifeRing Meetings

10/12/2018

For additions or changes, please contact the LifeRing Service Center at 1-800-811-4142 or [service@lifering.org](mailto:service@lifering.org)

LifeRing California Face-to-Face Meetings, Sorted by Zip Code

## **ZIP CODE: 95123**

**San Jose**

**Monday 7:30pm**

**Kaiser**

214

*Address:* 5755 Cottle Rd., San Jose, CA 95123

*Building/Room:* Building #23, Room #3

*Focus:* How Was Your Week with introduction to LifeRing included

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Rob A.

*Phone:* 831-212-0297

*Email:* [liferingsj@gmail.com](mailto:liferingsj@gmail.com)

*Contact:*

*Phone:*

*Email:*

## **ZIP CODE: 90026**

**Los Angeles**

**Saturday 1:30pm**

**LifeRing Secular Recovery - Cafe Tropical**

215

*Address:* 2900 W. Sunset Bl., Los Angeles, CA 90026

*Building/Room:* in the Silver Lake neighborhood

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingcalifornia.org/>

*Contact:* Christopher s

*Phone:*

*Email:* [christopherjohn\\_smith@yahoo.com](mailto:christopherjohn_smith@yahoo.com)

*Contact:*

*Phone:*

*Email:*

## **ZIP CODE: 92104**

**San Diego**

**Thursday 6:30pm**

**North Park Behavioral Health Center**

183

*Address:* 2136 El Cajon Blvd., San Diego, CA 92104

*Building/Room:*

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingcalifornia.org/>

*Contact:* Greg H.

*Phone:*

*Email:* [lsrgreg@gmail.com](mailto:lsrgreg@gmail.com)

*Contact:*

*Phone:*

*Email:*

## **ZIP CODE: 92121**

**San Diego**

**Wednesday 6:00pm**

**Lasting Recovery**

121

*Address:* 6046 Cornerstone Ct W, San Diego, CA 92121

*Building/Room:*

*Focus:* How Was Your Week?

*Note:* Dial #113 if late

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingcalifornia.org/>

*Contact:* Dave I.

*Phone:*

*Email:* [liferingsandiego@gmail.com](mailto:liferingsandiego@gmail.com)

*Contact:*

*Phone:*

*Email:*



**ZIP CODE: 93720**

**Fresno** **Monday 6:30pm** **Kaiser Permanente Medical Center** 131

*Address:* 7300 N. Fresno St, Fresno, CA 93720  
*Building/Room:* 3rd floor Wawona room  
*Focus:* How Was Your Week?  
*Note:* Located between Herndon & Alluvial  
*Map:* [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingcalifornia.org/>  
*Contact:* Jim B. *Phone:* *Email:* [jim-bat@pacbell.net](mailto:jim-bat@pacbell.net)  
*Contact:* *Phone:* *Email:*

**Fresno** **Thursday 8:00pm** **Kaiser Permanente Medical Center** 301

*Address:* 7300 N. Fresno St, Fresno, CA 93720  
*Building/Room:* 3rd floor in the Sierra Conference Room  
*Focus:* How Was Your Week?  
*Note:* Located between Herndon & Alluvial  
*Map:* [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingcalifornia.org/>  
*Contact:* David Roberts *Phone:* 559.213.0098 *Email:* [profilesplus@sbcglobal.net](mailto:profilesplus@sbcglobal.net)  
*Contact:* *Phone:* *Email:*

**ZIP CODE: 93726**

**Fresno** **Wednesday 8:00pm** **Fresno Kaiser CDRP** 80

*Address:* 4785 North 1st St., Fresno, CA 93726  
*Building/Room:* 4th floor Conference room  
*Focus:* How Was Your Week?  
*Note:*  
*Map:* [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingcalifornia.org/>  
*Contact:* Tony W. *Phone:* *Email:* [twilhelm@extremecomm3.com](mailto:twilhelm@extremecomm3.com)  
*Contact:* *Phone:* *Email:*

**ZIP CODE: 94010**

**Burlingame** **Monday 7:00pm** **Mills-Peninsula Hospital** 85

*Address:* 1501 Trousdale Dr., Burlingame, CA 94010  
*Building/Room:* Bldg B, 1st floor, Rm D  
*Focus:* How Was Your Week?  
*Note:*  
*Map:* [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>  
*Contact:* Mary Beth *Phone:* *Email:* [marybeth@lifering.org](mailto:marybeth@lifering.org)  
*Contact:* *Phone:* *Email:*

**ZIP CODE: 94040**

**Mountain View** **Wednesday 7:30pm** **LifeRing at El Camino Hospital** 74

*Address:* 2400 Grant Road, Mountain View, CA 94040  
*Building/Room:* Room 'L', Park Pavilion, Mt. View campus of El Camino Hospital  
*Focus:* How Was Your Week?  
*Note:* 1st meeting 10/17/2018  
*Map:* [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>  
*Contact:* Byron K. *Phone:* (925) 922-3553 *Email:* [byron@lifering.org](mailto:byron@lifering.org)  
*Contact:* *Phone:* *Email:*



**ZIP CODE: 94115**

**San Francisco**

**Monday 7:15pm**

**Kaiser CDRP**

70

*Address:* 1201 Fillmore St, San Francisco, CA 94115

*Building/Room:* Room 5

*Focus:* How Was Your Week?

*Note:* We do not meet on holidays

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Jim V.

*Phone:* 415.515.0321

*Email:* [jimvanover@sbcglobal.net](mailto:jimvanover@sbcglobal.net)

*Contact:*

*Phone:*

*Email:*

**San Francisco**

**Tuesday 1:00pm**

**Kaiser CDRP**

90

*Address:* 1201 Fillmore St., San Francisco, CA 94115

*Building/Room:* Room 8

*Focus:* How Was Your Week?

*Note:* We do not meet on holidays

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Jim V.

*Phone:* 415.515.0321

*Email:* [jimvanover@sbcglobal.net](mailto:jimvanover@sbcglobal.net)

*Contact:*

*Phone:*

*Email:*

**ZIP CODE: 94121**

**San Francisco**

**Wednesday 12:15pm**

**SF VAMC**

339

*Address:* 4150 Clement St, San Francisco, CA 94121

*Building/Room:* Bldg 203, Rm GA-48

*Focus:* How Was Your Week?

*Note:* Open to military, active or retired only

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Tonisa C.

*Phone:* 806.290.1293

*Email:* [tclardy2002@gmail.com](mailto:tclardy2002@gmail.com)

*Contact:*

*Phone:*

*Email:*

**ZIP CODE: 94401**

**San Mateo**

**Saturday 12:00pm**

**Mills Peninsula Health Services**

232

*Address:* 100 S. San Mateo Dr, San Mateo, CA 94401

*Building/Room:* 4th floor Millennium Room

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Betsy Y.

*Phone:* 650.576.9316

*Email:* [betsyyawn@aol.com](mailto:betsyyawn@aol.com)

*Contact:*

*Phone:*

*Email:*

**ZIP CODE: 94501**

**Alameda**

**Wednesday 6:30pm**

**Home of Truth Spiritual Center**

241

*Address:* 1300 Grand St, Alameda, CA 94501

*Building/Room:* Upstairs

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Gary B

*Phone:* no phone number

*Email:* [lfrngary@gmail.com](mailto:lfrngary@gmail.com)

*Contact:*

*Phone:*

*Email:*

**ZIP CODE: 94510**

**Benicia** **Tuesday 7:00pm** **First Baptist Church of Benicia** 289

*Address:* 1055 Southampton Rd, Benicia, CA 94510  
*Building/Room:* Meeting Room D  
*Focus:* How Was Your Week?  
*Note:* Look for sign  
*Map:* [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>  
*Contact:* George K. *Phone:* 805-220-8328 *Email:* [denkst@gmail.com](mailto:denkst@gmail.com)  
*Contact:* Greg C. *Phone:* 707-771-0490 *Email:* [gsc Cox@pacbell.net](mailto:gsc Cox@pacbell.net)

**ZIP CODE: 94520**

**Concord** **Thursday 7:00pm** **Center for Recovery** 264

*Address:* 2740 Grant Street, Concord, CA 94520  
*Building/Room:* Medical Pavilion, Suit 3  
*Focus:* How Was Your Week?  
*Note:*  
*Map:* [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>  
*Contact:* Kathy L *Phone:* 925-256-1850 *Email:* [kthrn\\_lennon@yahoo.com](mailto:kthrn_lennon@yahoo.com)  
*Contact:* *Phone:* *Email:*

**ZIP CODE: 94531**

**Antioch** **Monday 11:00am** **Kaiser CDRP** 330

*Address:* 3454 Hillcrest Ave., Antioch, CA 94531  
*Building/Room:* Rm 2A  
*Focus:* How Was Your Week?  
*Note:* Does not meet if Kaiser is closed  
*Map:* [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>  
*Contact:* Scott H. *Phone:* 9252508572 *Email:* [ichabodx9@yahoo.com](mailto:ichabodx9@yahoo.com)  
*Contact:* *Phone:* *Email:*

**ZIP CODE: 94538**

**Fremont** **Wednesday 6:00pm** **LifeRing @ Fremont Hosptial CDRP** 60

*Address:* 39021 Sundale Drive, Fremont, CA 94538  
*Building/Room:* The clinic building across the parking lot from the main hospital  
*Focus:* How Was Your Week?  
*Note:*  
*Map:* [Click here for a Google map](#) *Local LifeRing Website:*  
*Contact:* Chris H. *Phone:* *Email:* [chris@cshappraisals.com](mailto:chris@cshappraisals.com)  
*Contact:* *Phone:* *Email:*







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LifeRing California Face-to-Face Meetings, Sorted by Zip Code

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**Union City**                      **Friday 6:00pm**                      **Kaiser Medical Building**                      212

*Address:* 3551 Whipple Rd, Union City, CA 94587

*Building/Room:* Building B, Third Floor, Room 3D or Room 3C

*Focus:* How Was Your Week?

*Note:* Does not meet if Kaiser is closed

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Tim B.

*Phone:*

*Email:* [timothybliss@comcast.net](mailto:timothybliss@comcast.net)

*Contact:*

*Phone:*

*Email:*

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**ZIP CODE: 94589**

**Vallejo**                      **Tuesday 12:00pm**                      **Kaiser CDRP**                      110

*Address:* 800 Sereno Dr., Vallejo, CA 94589

*Building/Room:*

*Focus:* How Was Your Week?

*Note:* Sign @ check-in desk

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Charisse L.

*Phone:* 707 712-8481

*Email:* [Charisselee1@hotmail.com](mailto:Charisselee1@hotmail.com)

*Contact:*

*Phone:*

*Email:*

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**Vallejo**                      **Friday 12:00pm**                      **Kaiser CDRP**                      127

*Address:* 800 Sereno Dr., Vallejo, CA 94589

*Building/Room:*

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Terry H.

*Phone:*

*Email:* [terryghill@att.net](mailto:terryghill@att.net)

*Contact:*

*Phone:*

*Email:*

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**ZIP CODE: 94596**

**Walnut Creek**                      **Tuesday 7:30pm**                      **Kaiser Medical Center**                      160

*Address:* 1425 S. Main St, Walnut Creek, CA 94596

*Building/Room:* MAPLE CONFERENCE ROOM

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Rick M.

*Phone:*

*Email:* [mcpeakrs@comcast.net](mailto:mcpeakrs@comcast.net)

*Contact:*

*Phone:*

*Email:*

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**Walnut Creek**                      **Wednesday 12:15pm**                      **Kaiser Medical Center**                      329

*Address:* 710 South Broadway, Walnut Creek, CA 94596

*Building/Room:* Room 3-C

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Laura M

*Phone:* 925.699.5566

*Email:* [mosleydance@yahoo.com](mailto:mosleydance@yahoo.com)

*Contact:*

*Phone:*

*Email:*

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**Walnut Creek**                      **Thursday 7:30pm**                      **Mt. Diablo UU Church**                      198

*Address:* 55 Eckley Lane, Walnut Creek, CA 94596

*Building/Room:* Oak Room

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Arnold P.

*Phone:*

*Email:* [arnoldpustilnik@yahoo.com](mailto:arnoldpustilnik@yahoo.com)

*Contact:*

*Phone:*

*Email:*

**Walnut Creek**                      **Friday 12:15pm**                      **Kaiser Medical Center**                      399

*Address:* 710 South Broadway, Walnut Creek, CA 94596

*Building/Room:* Room 3-E

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Laura M.

*Phone:* 925.699.5566

*Email:* [mosleyldance@yahoo.com](mailto:mosleyldance@yahoo.com)

*Contact:*

*Phone:*

*Email:*

**ZIP CODE: 94607**

**Oakland**                      **Tuesday 6:45pm**                      **Kaiser CDRP**                      23

*Address:* 969 Broadway, Oakland, CA 94607

*Building/Room:* Group Room 3

*Focus:* How Was Your Week?

*Note:* Does not meet if Kaiser is closed

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* D. Woodsum

*Phone:*

*Email:* [woodsumconstructioninc@gmail.com](mailto:woodsumconstructioninc@gmail.com)

*Contact:*

*Phone:*

*Email:*

**Oakland**                      **Thursday 6:45pm**                      **Kaiser CDRP**                      104

*Address:* 969 Broadway, Oakland, CA 94607

*Building/Room:* Group Room 9

*Focus:* How Was Your Week?

*Note:* Does not meet if Kaiser is closed

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Marilyn K.

*Phone:*

*Email:* [service@lifering.org](mailto:service@lifering.org)

*Contact:*

*Phone:*

*Email:*

**Oakland**                      **Saturday 10:00am**                      **Kaiser CDRP**                      82

*Address:* 969 Broadway, Oakland, CA 94607

*Building/Room:* Group Room 7

*Focus:* How Was Your Week?

*Note:* Does not meet if Kaiser is closed

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Patrick K

*Phone:*

*Email:* [me@patrickkelleher.me](mailto:me@patrickkelleher.me)

*Contact:*

*Phone:*

*Email:*

**ZIP CODE: 94609**

**Oakland** **Tuesday 8:30pm** **MPI** 119

*Address:* 3100 Summit St., Oakland, CA 94609

*Building/Room:* 5th Floor, Rm 4

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Liisa P.

*Phone:*

*Email:* [liisapine@gmail.com](mailto:liisapine@gmail.com)

*Contact:*

*Phone:*

*Email:*

**ZIP CODE: 94611**

**Oakland** **Sunday 11:00am** **Kaiser Hospital** 156

*Address:* 3600 Broadway, Oakland, CA 94611

*Building/Room:* Room at (lower lever) LL HH-2

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* John A.

*Phone:*

*Email:* [jra8300@sbcglobal.net](mailto:jra8300@sbcglobal.net)

*Contact:*

*Phone:*

*Email:*

**ZIP CODE: 94704**

**Berkeley** **Monday 8:00pm** **Herrick Hospital** 28

*Address:* 2001 Dwight Way, Berkeley, CA 94704

*Building/Room:* Basement Level A

*Focus:* How Was Your Week?

*Note:* Follow signs

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Bill C.

*Phone:* 510.548.9111

*Email:* [andreegraham@yahoo.com](mailto:andreegraham@yahoo.com)

*Contact:*

*Phone:*

*Email:*

**Berkeley** **Thursday 7:30pm** **Herrick Hospital** 129

*Address:* 2001 Dwight Way, Berkeley, CA 94704

*Building/Room:*

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Paul A.

*Phone:*

*Email:* [eastbay\\_pda@gmail.com](mailto:eastbay_pda@gmail.com)

*Contact:*

*Phone:*

*Email:*

**ZIP CODE: 94903**

**San Rafael** **Wednesday 6:15pm** **San Rafael Kaiser CDU** 134

*Address:* 111 Smith Ranch Rd., San Rafael, CA 94903

*Building/Room:* Yosemite Room

*Focus:* How Was Your Week?

*Note:* Look for sign

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Steve B.

*Phone:* (415) 320-2181

*Email:* [sberkeley@me.com](mailto:sberkeley@me.com)

*Contact:*

*Phone:*

*Email:*



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**Santa Rosa**                                      **Thursday 7:00pm**                                      **Unitarian Universalist Church**                                      36

*Address:* 547 Mendocino Ave, Santa Rosa, CA 95401

*Building/Room:* classroom #2

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsr.org>

*Contact:* Todd W.

*Phone:* 707-596-8860

*Email:* [liferingsr@gmail.com](mailto:liferingsr@gmail.com)

*Contact:*

*Phone:*

*Email:*

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**ZIP CODE: 95404**

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**Santa Rosa**                                      **Friday 1:00pm**                                      **Interlink Self Help Center**                                      48

*Address:* 1033 4th St., Santa Rosa, CA 95404

*Building/Room:*

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsr.org>

*Contact:* Jenn P.

*Phone:* 707-546-4481 extension 2

*Email:* [liferingsr@gmail.com](mailto:liferingsr@gmail.com)

*Contact:*

*Phone:*

*Email:*

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**ZIP CODE: 95436**

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**Forestville**                                      **Sunday 1:00pm**                                      **Food For Thought**                                      76

*Address:* 6550 Railroad Ave, Forestville, CA 95436

*Building/Room:*

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsr.org>

*Contact:* David Vergi

*Phone:* 707-596-8860

*Email:* [liferingsr@gmail.com](mailto:liferingsr@gmail.com)

*Contact:*

*Phone:*

*Email:*

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**ZIP CODE: 95448**

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**Healdsburg**                                      **Tuesday 7:00pm**                                      **Good Shepherd Lutheran Church**                                      217

*Address:* 1402 University Street, Healdsburg, CA 95448

*Building/Room:* Conference Room

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsr.org>

*Contact:* Chris L.

*Phone:* 707-566-8790

*Email:* [chris@chrislamela.com](mailto:chris@chrislamela.com)

*Contact:*

*Phone:*

*Email:*

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**ZIP CODE: 95472**

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**Sebastopol**                                      **Tuesday 7:00pm**                                      **St. Stephen's Episcopal church**                                      136

*Address:* 500 Robinson Rd., Sebastopol, CA 95472

*Building/Room:*

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsr.org>

*Contact:* Eric F.

*Phone:* 707-596-8860

*Email:* [liferingsr@gmail.com](mailto:liferingsr@gmail.com)

*Contact:*

*Phone:*

*Email:*

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**Sebastopol**                      **Saturday 12:00pm**                      **Azure Acres Recovery Center**                      270

*Address:* 2264 Green Hill Rd., Sebastopol, CA 95472

*Building/Room:*

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsr.org>

*Contact:* D'Ann G.

*Phone:*

*Email:* [girlwpearl@gmail.com](mailto:girlwpearl@gmail.com)

*Contact:*

*Phone:*

*Email:*

**ZIP CODE: 95628**

**Fair Oaks**                      **Saturday 9:00am**                      **Fair Oaks Raley's**                      411

*Address:* 4840 San Juan Ave, Fair Oaks, CA 95628

*Building/Room:*

*Focus:* How Was Your Week?

*Note:* Sunset and San Juan

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://www.liferingsacramento.org/>

*Contact:* Jody A.

*Phone:*

*Email:* [harold@lifering.org](mailto:harold@lifering.org)

*Contact:*

*Phone:*

*Email:*

**ZIP CODE: 95630**

**Folsom**                      **Thursday 7:00pm**                      **Kaiser Folsom**                      368

*Address:* 2155 Iron Point Road, Folsom, CA 95630

*Building/Room:* 1st floor room across from vending machines

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://www.liferingsacramento.org/>

*Contact:* Stan K.

*Phone:*

*Email:* [harold@lifering.org](mailto:harold@lifering.org)

*Contact:*

*Phone:*

*Email:*

**ZIP CODE: 95661**

**Roseville**                      **Tuesday 5:00pm**                      **Roseville Raley's**                      340

*Address:* 1915 Douglas Blvd., Roseville, CA 95661

*Building/Room:* meeting is inside the store near the magazines in the event center

*Focus:*

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://www.liferingsacramento.org/>

*Contact:* Brady F.

*Phone:* 831-214-3500

*Email:* [harold@lifering.org](mailto:harold@lifering.org)

*Contact:*

*Phone:*

*Email:*

**Roseville**                      **Sunday 10:00am**                      **Roseville Raley's**                      412

*Address:* 1915 Douglas Blvd., Roseville, CA 95661

*Building/Room:* meeting is inside the store near the magazines in the event center

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://www.liferingsacramento.org/>

*Contact:* [harold@lifering.org](mailto:harold@lifering.org)

*Phone:*

*Email:* [harold@lifering.org](mailto:harold@lifering.org)

*Contact:*

*Phone:*

*Email:*

**ZIP CODE: 95667**

**Placerville Sunday 5:00pm Here & Tao Hypnotherapy 300**

*Address:* 419 Main Street, Placerville, CA 95667

*Building/Room:* Suite 318

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://www.liferingsacramento.org/>

*Contact:* Ben

*Phone:*

*Email:* [harold@lifering.org](mailto:harold@lifering.org)

*Contact:*

*Phone:*

*Email:*

**ZIP CODE: 95688**

**Vacaville Monday 7:00pm Kaiser Hospital 358**

*Address:* 1 Quality Dr, Vacaville, CA 95688

*Building/Room:* Bldg A, 1st Floor

*Focus:* How Was Your Week?

*Note:* behind Peets Coffee

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Darlene B.

*Phone:* 707.392-8056

*Email:* [lrvacaville@gmail.com](mailto:lrvacaville@gmail.com)

*Contact:*

*Phone:*

*Email:*

**Vacaville Thursday 12:15pm Kaiser Hospital 180**

*Address:* 1 Quality Dr, Vacaville, CA 95688

*Building/Room:* Meet in the waiting area prior to getting a meeting room

*Focus:* Women's only meeting

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Valerie R.

*Phone:*

*Email:* [52valerie52@gmail.com](mailto:52valerie52@gmail.com)

*Contact:*

*Phone:*

*Email:*

**Vacaville Thursday 7:00pm Kaiser Hospital 293**

*Address:* 1 Quality Dr, Vacaville, CA 95688

*Building/Room:* Bldg A, 1st Floor

*Focus:* How Was Your Week?

*Note:* behind Peets Coffee

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Brian P.

*Phone:* 707.689.8036

*Email:* [lrvacaville@gmail.com](mailto:lrvacaville@gmail.com)

*Contact:*

*Phone:*

*Email:*

**ZIP CODE: 95758**

**Elk Grove Friday 6:00pm Raley's Elk Grove 421**

*Address:* 4900 Elk Grove Blvd, Elk Grove, CA 95758

*Building/Room:* Event Center Room

*Focus:* How Was Your Week?

*Note:* Meeting sometimes at Peet's Coffee - Look for signs

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://www.liferingsacramento.org/>

*Contact:* Lisa J.

*Phone:*

*Email:* [liferingsouthsac@yahoo.com](mailto:liferingsouthsac@yahoo.com)

*Contact:*

*Phone:*

*Email:*





