

California LifeRing Meetings

12/7/2018

For additions or changes, please contact the LifeRing Service Center at 1-800-811-4142 or service@lifering.org

LifeRing California Face-to-Face Meetings, Sorted by Zip Code

ZIP CODE: 95123

San Jose

Monday 7:30pm

Kaiser

214

Address: 5755 Cottle Rd., San Jose, CA 95123

Building/Room: Building #23, Room #3

Focus: How Was Your Week with introduction to LifeRing included

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Rob A.

Phone: 831-212-0297

Email: liferingsj@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 90026

Los Angeles

Saturday 1:30pm

LifeRing Secular Recovery - Cafe Tropical

215

Address: 2900 W. Sunset Bl., Los Angeles, CA 90026

Building/Room: in the Silver Lake neighborhood

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingcalifornia.org/>

Contact: Christopher s

Phone:

Email: christopherjohn_smith@yahoo.com

Contact:

Phone:

Email:

ZIP CODE: 92104

San Diego

Thursday 6:30pm

North Park Behavioral Health Center

183

Address: 2136 El Cajon Blvd., San Diego, CA 92104

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingcalifornia.org/>

Contact: Greg H.

Phone:

Email: lsrgreg@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 92121

San Diego

Wednesday 6:00pm

Lasting Recovery

121

Address: 6046 Cornerstone Ct W, San Diego, CA 92121

Building/Room:

Focus: How Was Your Week?

Note: Dial #113 if late

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingcalifornia.org/>

Contact: Dave I.

Phone:

Email: liferingsandiego@gmail.com

Contact:

Phone:

Email:

San Diego **Sunday 6:00pm** **Lasting Recovery** 65

Address: 6046 Cornerstone Ct W, San Diego, CA 92121

Building/Room:

Focus: Workbook meeting

Note: Dial #113 if late

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingcalifornia.org/>

Contact: Leigh J.

Phone:

Email: liferingsandiego@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 92129

San Diego **Monday 7:00pm** **St Timothy's Episcopal Church** 298

Address: 10125 Azuaga St., San Diego, CA 92129

Building/Room:

Focus: How Was Your Week?

Note: Down the breezeway, second door on the left

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingcalifornia.org/>

Contact: Greg H.

Phone:

Email: lsrgregh@gmail.com

Contact:

Phone:

Email:

San Diego **Wednesday 7:00pm** **St. Timothy's Episcopal Church** 297

Address: 10125 Azuaga St., San Diego, CA 92129

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingcalifornia.org/>

Contact: Greg H.

Phone:

Email: lsrgregh@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 92553

Moreno Valley **Monday 6:30pm** **Kaiser Permanente - Addiction Medicine Department** 62

Address: 12815 Heacock St., Moreno Valley, CA 92553

Building/Room: Room #116

Focus: How Was Your Week?

Note: 1st meeting 11/05/2018, Meeting will not convene on Holidays when Kaiser is closed

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingcalifornia.org/>

Contact: Mike M

Phone: 510-928-8256

Email: ie.lifering@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 92648

Huntington Beach **Thursday 7:00pm** **Huntington Beach Senior Center** 354

Address: 18041 Goldenwest St, Huntington Beach, CA 92648

Building/Room: Travel Resources Room

Focus: How Was Your Week?

Note: Orange County Lifering meeting

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingcalifornia.org/>

Contact: Winsor B

Phone:

Email: oclifering@gmail.com

Contact: Ginny D

Phone:

Email: oclifering@gmail.com

ZIP CODE: 94044

Pacifica **Wednesday 6:00pm** **Pacifica Resource Center** 4

Address: 1809 Palmetto Ave., Pacifica, CA 94044

Building/Room:

Focus: How Was Your Week?

Note: Closed on the major holidays

Map: [Click here for a Google Map](#)

Local LifeRing Website: <https://twitter.com/lifering94044>

Contact: Corrinne E.

Phone:

Email: liferingcorrinnepacifica@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 94066

San Bruno **Thursday 12:00pm** **San Bruno VA Clinic** 328

Address: 1001 Sneath Lane, San Bruno, CA 94066

Building/Room: V.A. Clinic, 3rd Floor

Focus: How Was Your Week?

Note: 1 hour meeting

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Edward G.

Phone: 415-468-4814

Email: emg1946@comcast.net

Contact:

Phone:

Email:

ZIP CODE: 94102

San Francisco **Saturday 10:00am** **San Francisco LGBT Community Center** 207

Address: 1800 Market Street, San Francisco, CA 94102

Building/Room: Room 203, 2nd Floor

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Monica F

Phone:

Email: monica@pacetua.com

Contact:

Phone:

Email:

ZIP CODE: 94110

San Francisco **Friday 6:00pm** **Women's Building** 372

Address: 3543 18th St, San Francisco, CA 94110

Building/Room: Room B

Focus: Workbook Meeting

Note: between Valencia and Guerrero

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: David H.

Phone: (415) 651-4558

Email: davidh.lifering@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 94115

San Francisco **Monday 7:15pm** **Kaiser CDRP** 70

Address: 1201 Fillmore St, San Francisco, CA 94115
Building/Room: Room 5
Focus: How Was Your Week?
Note: We do not meet on holidays
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>
Contact: Jim V. *Phone:* 415.515.0321 *Email:* jimvanover@sbcglobal.net
Contact: *Phone:* *Email:*

San Francisco **Tuesday 1:00pm** **Kaiser CDRP** 90

Address: 1201 Fillmore St., San Francisco, CA 94115
Building/Room: Room 8
Focus: How Was Your Week?
Note: We do not meet on holidays
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>
Contact: Jim V. *Phone:* 415.515.0321 *Email:* jimvanover@sbcglobal.net
Contact: *Phone:* *Email:*

ZIP CODE: 94121

San Francisco **Wednesday 12:15pm** **SF VAMC** 339

Address: 4150 Clement St, San Francisco, CA 94121
Building/Room: Bldg 203, Rm GA-48
Focus: How Was Your Week?
Note: Open to military, active or retired only
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>
Contact: Tonisa C. *Phone:* 806.290.1293 *Email:* tclardy2002@gmail.com
Contact: *Phone:* *Email:*

ZIP CODE: 94401

San Mateo **Saturday 12:00pm** **Mills Peninsula Health Services** 232

Address: 100 S. San Mateo Dr, San Mateo, CA 94401
Building/Room: 4th floor Millennium Room
Focus: How Was Your Week?
Note:
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>
Contact: Betsy Y. *Phone:* 650.576.9316 *Email:* betsyayawn@aol.com
Contact: *Phone:* *Email:*

ZIP CODE: 94501

Alameda **Wednesday 6:30pm** **Home of Truth Spiritual Center** 241

Address: 1300 Grand St, Alameda, CA 94501
Building/Room: Upstairs
Focus: How Was Your Week?
Note:
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>
Contact: Gary B *Phone:* no phone number *Email:* lfrngary@gmail.com
Contact: *Phone:* *Email:*

ZIP CODE: 94510

Benicia **Tuesday 7:00pm** **First Baptist Church of Benicia** 289

Address: 1055 Southampton Rd, Benicia, CA 94510
Building/Room: Meeting Room D
Focus: How Was Your Week?
Note: Look for sign
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>
Contact: George K. *Phone:* 805-220-8328 *Email:* denkst@gmail.com
Contact: Greg C. *Phone:* 707-771-0490 *Email:* gsc Cox@pacbell.net

ZIP CODE: 94520

Concord **Thursday 7:00pm** **Center for Recovery** 264

Address: 2740 Grant Street, Concord, CA 94520
Building/Room: Medical Pavilion, Suit 3
Focus: How Was Your Week?
Note:
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>
Contact: Kathy L *Phone:* 925-256-1850 *Email:* kthrn_lennon@yahoo.com
Contact: *Phone:* *Email:*

ZIP CODE: 94531

Antioch **Monday 11:00am** **Kaiser CDRP** 330

Address: 3454 Hillcrest Ave., Antioch, CA 94531
Building/Room: Rm 2A
Focus: How Was Your Week?
Note: Does not meet if Kaiser is closed
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>
Contact: Scott H. *Phone:* 9252508572 *Email:* ichabodx9@yahoo.com
Contact: *Phone:* *Email:*

ZIP CODE: 94538

Fremont **Wednesday 6:00pm** **LifeRing @ Fremont Hosptial CDRP** 60

Address: 39021 Sundale Drive, Fremont, CA 94538
Building/Room: The clinic building across the parking lot from the main hospital
Focus: How Was Your Week?
Note:
Map: [Click here for a Google map](#) *Local LifeRing Website:*
Contact: Chris H. *Phone:* *Email:* chris@cshappraisals.com
Contact: *Phone:* *Email:*

LifeRing California Face-to-Face Meetings, Sorted by Zip Code

Union City **Friday 6:00pm** **Kaiser Medical Building** 212

Address: 3551 Whipple Rd, Union City, CA 94587

Building/Room: Building B, Third Floor, Room 3D or Room 3C

Focus: How Was Your Week?

Note: Does not meet if Kaiser is closed

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Tim B.

Phone:

Email: timothybliss@comcast.net

Contact:

Phone:

Email:

ZIP CODE: 94589

Vallejo **Tuesday 12:00pm** **Kaiser CDRP** 110

Address: 800 Sereno Dr., Vallejo, CA 94589

Building/Room:

Focus: How Was Your Week?

Note: Sign @ check-in desk

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Charisse L.

Phone: 707 712-8481

Email: Charisselee1@hotmail.com

Contact:

Phone:

Email:

Vallejo **Friday 12:00pm** **Kaiser CDRP** 127

Address: 800 Sereno Dr., Vallejo, CA 94589

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Terry H.

Phone:

Email: terryghill@att.net

Contact:

Phone:

Email:

ZIP CODE: 94596

Walnut Creek **Tuesday 7:30pm** **Kaiser Medical Center** 160

Address: 1425 S. Main St, Walnut Creek, CA 94596

Building/Room: MAPLE CONFERENCE ROOM

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Rick M.

Phone:

Email: mcpeakrs@comcast.net

Contact:

Phone:

Email:

Walnut Creek **Wednesday 12:15pm** **Kaiser Medical Center** 329

Address: 710 South Broadway, Walnut Creek, CA 94596

Building/Room: Room 3-C

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Laura M

Phone: 925.699.5566

Email: mosleydance@yahoo.com

Contact:

Phone:

Email:

Walnut Creek **Thursday 7:30pm** **Mt. Diablo UU Church** 198

Address: 55 Eckley Lane, Walnut Creek, CA 94596

Building/Room: Oak Room

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Arnold P.

Phone:

Email: arnoldpustilnik@yahoo.com

Contact:

Phone:

Email:

Walnut Creek **Friday 12:15pm** **Kaiser Medical Center** 399

Address: 710 South Broadway, Walnut Creek, CA 94596

Building/Room: Room 3-E

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Laura M.

Phone: 925.699.5566

Email: mosleyldance@yahoo.com

Contact:

Phone:

Email:

ZIP CODE: 94607

Oakland **Tuesday 6:45pm** **Kaiser CDRP** 23

Address: 969 Broadway, Oakland, CA 94607

Building/Room: Group Room 3

Focus: How Was Your Week?

Note: Does not meet if Kaiser is closed

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: D. Woodsum

Phone:

Email: woodsumconstructioninc@gmail.com

Contact:

Phone:

Email:

Oakland **Thursday 6:45pm** **Kaiser CDRP** 104

Address: 969 Broadway, Oakland, CA 94607

Building/Room: Group Room 9

Focus: How Was Your Week?

Note: Does not meet if Kaiser is closed

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Marilyn K.

Phone:

Email: service@lifering.org

Contact:

Phone:

Email:

Oakland **Saturday 10:00am** **Kaiser CDRP** 82

Address: 969 Broadway, Oakland, CA 94607

Building/Room: Group Room 7

Focus: How Was Your Week?

Note: Does not meet if Kaiser is closed

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Patrick K

Phone:

Email: me@patrickkelleher.me

Contact:

Phone:

Email:

ZIP CODE: 94609

Oakland **Tuesday 8:30pm** **MPI** 119

Address: 3100 Summit St., Oakland, CA 94609

Building/Room: 5th Floor, Rm 4

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Liisa P.

Phone:

Email: liisapine@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 94611

Oakland **Sunday 11:00am** **Kaiser Hospital** 156

Address: 3600 Broadway, Oakland, CA 94611

Building/Room: Room at (lower lever) LL HH-2

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: John A.

Phone:

Email: jra8300@sbcglobal.net

Contact:

Phone:

Email:

ZIP CODE: 94704

Berkeley **Monday 8:00pm** **Herrick Hospital** 28

Address: 2001 Dwight Way, Berkeley, CA 94704

Building/Room: Basement Level A

Focus: How Was Your Week?

Note: Closed till Dec 17, Meet at Bill's house, call/email for address

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Bill C.

Phone: 510.548.9111

Email: andreegraham@yahoo.com

Contact:

Phone:

Email:

Berkeley **Thursday 7:30pm** **Herrick Hospital** 129

Address: 2001 Dwight Way, Berkeley, CA 94704

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Paul A.

Phone:

Email: eastbay_pda@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 94901

San Rafael **Monday 7:30pm** **Bayside Marin** 172

Address: 718 4th St., San Rafael, CA 94901

Building/Room: Meeting Room

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Coby S.

Phone:

Email: cobysmolens@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 95661

Roseville **Tuesday 5:00pm** **Roseville Raley's** 340

Address: 1915 Douglas Blvd., Roseville, CA 95661
Building/Room: meeting is inside the store near the magazines in the event center
Focus:
Note:
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://www.liferingsacramento.org/>
Contact: Brady F. *Phone:* 831-214-3500 *Email:* harold@lifering.org
Contact: *Phone:* *Email:*

Roseville **Sunday 10:00am** **Roseville Raley's** 412

Address: 1915 Douglas Blvd., Roseville, CA 95661
Building/Room: meeting is inside the store near the magazines in the event center
Focus: How Was Your Week?
Note:
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://www.liferingsacramento.org/>
Contact: harold@lifering.org *Phone:* *Email:* harold@lifering.org
Contact: *Phone:* *Email:*

ZIP CODE: 95667

Placerville **Sunday 5:00pm** **Here & Tao Hypnotherapy** 300

Address: 419 Main Street, Placerville, CA 95667
Building/Room: Suite 318
Focus: How Was Your Week?
Note:
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://www.liferingsacramento.org/>
Contact: Ben *Phone:* *Email:* harold@lifering.org
Contact: *Phone:* *Email:*

ZIP CODE: 95688

Vacaville **Monday 7:00pm** **Kaiser Hospital** 358

Address: 1 Quality Dr, Vacaville, CA 95688
Building/Room: Bldg A, 1st Floor
Focus: How Was Your Week?
Note: behind Peets Coffee
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>
Contact: Darlene B. *Phone:* 707.392-8056 *Email:* lrvacaville@gmail.com
Contact: *Phone:* *Email:*

Vacaville **Thursday 12:15pm** **Kaiser Hospital** 180

Address: 1 Quality Dr, Vacaville, CA 95688
Building/Room: Meet in the waiting area prior to getting a meeting room
Focus: Women's only meeting
Note:
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>
Contact: Valerie R. *Phone:* *Email:* 52valerie52@gmail.com
Contact: *Phone:* *Email:*

LifeRing California Face-to-Face Meetings, Sorted by Zip Code

Vacaville **Thursday 7:00pm** **Kaiser Hospital** 293

Address: 1 Quality Dr, Vacaville, CA 95688

Building/Room: Bldg A, 1st Floor

Focus: How Was Your Week?

Note: behind Peets Coffee

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Brian P.

Phone: 707.689.8036

Email: lvacaville@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 95758

Elk Grove **Friday 6:00pm** **Raley's Elk Grove** 421

Address: 4900 Elk Grove Blvd, Elk Grove, CA 95758

Building/Room: Event Center Room

Focus: How Was Your Week?

Note: Meeting sometimes at Peet's Coffee - Look for signs

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://www.liferingsacramento.org/>

Contact: Lisa J.

Phone:

Email: liferingsouthsac@yahoo.com

Contact:

Phone:

Email:

ZIP CODE: 95821

Sacramento **Tuesday 7:30pm** **Kaiser Watt** 383

Address: 2829 Watt Blvd., Sacramento, CA 95821

Building/Room: Suite 150, Room 2

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://www.liferingsacramento.org/>

Contact: Stan K

Phone:

Email: harold@lifering.org

Contact:

Phone:

Email:

ZIP CODE: 95823

Sacramento **Monday 4:15pm** **Strategies for Change South** 337

Address: 4343 Williamsborough Drive, Sacramento, CA 95823

Building/Room:

Focus: Meetings may have a Child Protective Services Orientation

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://www.liferingsacramento.org/>

Contact: Strategies for Change South

Phone: (916) 395-3552

Email: harold@lifering.org

Contact:

Phone:

Email:

Sacramento **Tuesday 4:15pm** **Strategies for Change South** 427

Address: 4343 Williamsborough Drive, Sacramento, CA 95823

Building/Room:

Focus: Meetings may have a Child Protective Services Orientation

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://www.liferingsacramento.org/>

Contact: Strategies for Change South

Phone: (916) 395-3552

Email: harold@lifering.org

Contact:

Phone:

Email:

Sacramento **Friday 4:25pm** **Strategies for Change South** 338

Address: 4343 Williamsborough Drive, Sacramento, CA 95823

Building/Room:

Focus: Meetings may have a Child Protective Services Orientation

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://www.liferingsacramento.org/>

Contact: Strategies for Change South

Phone: (916) 395-3552

Email: harold@lifering.org

Contact:

Phone:

Email:

ZIP CODE: 95835

Sacramento **Sunday 11:00am** **Natomas Raley's** 13

Address: 4650 Natomas Blvd, Sacramento, CA 95835

Building/Room: Event Center Inside next to the pharmacy

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://www.liferingsacramento.org/>

Contact: Staff

Phone:

Email: harold@lifering.org

Contact:

Phone:

Email:

ZIP CODE: 95841

Sacramento **Monday 9:00am** **Strategies for Change North** 426

Address: 4441 Auburn Blvd, Ste E, Sacramento, CA 95841

Building/Room: Conf Room

Focus:

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://www.liferingsacramento.org/>

Contact: Strategies for Change North

Phone: (916) 473-5764

Email: harold@lifering.org

Contact:

Phone:

Email:

Sacramento **Wednesday 9:00am** **Strategies for Change North** 423

Address: 4441 Auburn Blvd, Ste E, Sacramento, CA 95841

Building/Room: Conf Room

Focus:

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://www.liferingsacramento.org/>

Contact: Strategies for Change North

Phone: (916) 473-5764

Email: harold@lifering.org

Contact:

Phone:

Email:

Sacramento **Thursday 9:00am** **Strategies for Change North** 424

Address: 4441 Auburn Blvd, Ste E, Sacramento, CA 95841

Building/Room: Conf Room

Focus:

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://www.liferingsacramento.org/>

Contact: Strategies for Change North

Phone: (916) 473-5764

Email: harold@lifering.org

Contact:

Phone:

Email: