

California LifeRing Meetings

7/6/2018

For additions or changes, please contact the LifeRing Service Center at 1-800-811-4142 or service@lifering.org

LifeRing California Face-to-Face Meetings, Sorted by Zip Code

ZIP CODE: 95123

San Jose

Monday 7:30pm

Kaiser

214

Address: 5755 Cottle Rd., San Jose, CA 95123

Building/Room: Building #23, Room #3

Focus: How Was Your Week with introduction to LifeRing included

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Rob A.

Phone: 831-212-0297

Email: liferingsj@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 90026

Los Angeles

Saturday 1:30pm

LifeRing Secular Recovery - Cafe Tropical

215

Address: 2900 W. Sunset Bl., Los Angeles, CA 90026

Building/Room: in the Silver Lake neighborhood

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingcalifornia.org/>

Contact: Christopher s

Phone:

Email: christopherjohn_smith@yahoo.com

Contact:

Phone:

Email:

ZIP CODE: 92104

San Diego

Thursday 6:30pm

North Park Behavioral Health Center

183

Address: 2136 El Cajon Blvd., San Diego, CA 92104

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingcalifornia.org/>

Contact: Greg H.

Phone:

Email: lsrgreg@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 92121

San Diego

Wednesday 6:00pm

Lasting Recovery

121

Address: 6046 Cornerstone Ct W, San Diego, CA 92121

Building/Room:

Focus: How Was Your Week?

Note: Dial #113 if late

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingcalifornia.org/>

Contact: Dave I.

Phone:

Email: liferingsandiego@gmail.com

Contact:

Phone:

Email:

San Diego **Sunday 6:00pm** **Lasting Recovery** 65

Address: 6046 Cornerstone Ct W, San Diego, CA 92121

Building/Room:

Focus: Workbook meeting

Note: Dial #113 if late

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingcalifornia.org/>

Contact: Leigh J.

Phone:

Email: liferingsandiego@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 92129

San Diego **Monday 7:00pm** **St Timothy's Episcopal Church** 298

Address: 10125 Azuaga St., San Diego, CA 92129

Building/Room:

Focus: How Was Your Week?

Note: Down the breezeway, second door on the left

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingcalifornia.org/>

Contact: Greg H.

Phone:

Email: lsrgregh@gmail.com

Contact:

Phone:

Email:

San Diego **Wednesday 7:00pm** **St. Timothy's Episcopal Church** 297

Address: 10125 Azuaga St., San Diego, CA 92129

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingcalifornia.org/>

Contact: Greg H.

Phone:

Email: lsrgregh@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 92648

Huntington Beach **Thursday 7:00pm** **Huntington Beach Senior Center** 354

Address: 18041 Goldenwest St, Huntington Beach, CA 92648

Building/Room: Travel Resources Room

Focus: How Was Your Week?

Note: Orange County Lifering meeting

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingcalifornia.org/>

Contact: Winsor B

Phone:

Email: oclifering@gmail.com

Contact: Ginny D

Phone:

Email: oclifering@gmail.com

ZIP CODE: 93720

Fresno **Monday 6:30pm** **Kaiser Permanente Medical Center** 131

Address: 7300 N. Fresno St, Fresno, CA 93720

Building/Room: 3rd floor Wawona room

Focus: How Was Your Week?

Note: Located between Herndon & Alluvial

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingcalifornia.org/>

Contact: Jim B.

Phone:

Email: jim-bat@pacbell.net

Contact:

Phone:

Email:

Fresno **Thursday 8:00pm** **Kaiser Permanente Medical Center** **301**
Address: 7300 N. Fresno St, Fresno, CA 93720*Building/Room:* 3rd floor in the Sierra Conference Room*Focus:* How Was Your Week?*Note:* Located between Herndon & Alluvial*Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingcalifornia.org/>*Contact:* David Roberts*Phone:* 559.213.0098*Email:* profilesplus@sbcglobal.net*Contact:**Phone:**Email:***ZIP CODE: 93726**

Fresno **Wednesday 8:00pm** **Fresno Kaiser CDRP** **80**
Address: 4785 North 1st St., Fresno, CA 93726*Building/Room:* 4th floor Conference room*Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingcalifornia.org/>*Contact:* Tony W.*Phone:**Email:* twilhelm@extremecomm3.com*Contact:**Phone:**Email:***ZIP CODE: 94010**

Burlingame **Monday 7:00pm** **Mills-Peninsula Hospital** **85**
Address: 1501 Trousdale Dr., Burlingame, CA 94010*Building/Room:* Bldg B, 1st floor, Rm D*Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingsf.org/>*Contact:* Mary Beth*Phone:**Email:* marybeth@lifering.org*Contact:**Phone:**Email:***ZIP CODE: 94044**

Pacifica **Wednesday 6:00pm** **Pacifica Resource Center** **4**
Address: 1809 Palmetto Ave., Pacifica, CA 94044*Building/Room:**Focus:* How Was Your Week?*Note:* Closed on the major holidays*Map:* [Click here for a Google Map](#)*Local LifeRing Website:* <https://twitter.com/lifering94044>*Contact:* Corrinne E.*Phone:**Email:* liferingcorrinnepacifica@gmail.com*Contact:**Phone:**Email:***ZIP CODE: 94066**

San Bruno **Thursday 12:00pm** **San Bruno VA Clinic** **328**
Address: 1001 Sneath Lane, San Bruno, CA 94066*Building/Room:* V.A. Clinic, 3rd Floor*Focus:* How Was Your Week?*Note:* 1 hour meeting*Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingsf.org/>*Contact:* Edward G.*Phone:* 415-468-4814*Email:* emg1946@comcast.net*Contact:**Phone:**Email:*

ZIP CODE: 94102

San Francisco **Saturday 10:00am** **San Francisco LGBT Community Center** 207

Address: 1800 Market Street, San Francisco, CA 94102
Building/Room: Room 203, 2nd Floor
Focus: How Was Your Week?
Note:
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>
Contact: Monica F *Phone:* *Email:* monica@pacetua.com
Contact: *Phone:* *Email:*

San Francisco **Sunday 10:00am** **Sessions (the former Alano Club)** 331

Address: 1748 Market St., Ste 202, San Francisco, CA 94102
Building/Room: Room 1
Focus: How Was Your Week?
Note:
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>
Contact: *Phone:* *Email:*
Contact: *Phone:* *Email:*

ZIP CODE: 94110

San Francisco **Friday 6:00pm** **Women's Building** 372

Address: 3543 18th St, San Francisco, CA 94110
Building/Room: Room B
Focus: Workbook Meeting
Note: between Valencia and Guerrero
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>
Contact: David H. *Phone:* (415) 651-4558 *Email:* davidh.lifering@gmail.com
Contact: *Phone:* *Email:*

ZIP CODE: 94115

San Francisco **Monday 7:15pm** **Kaiser CDRP** 70

Address: 1201 Fillmore St, San Francisco, CA 94115
Building/Room: Room 5
Focus: How Was Your Week?
Note: We do not meet on holidays
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>
Contact: Jim V. *Phone:* 415.515.0321 *Email:* jimvanover@sbcglobal.net
Contact: *Phone:* *Email:*

San Francisco **Tuesday 1:00pm** **Kaiser CDRP** 90

Address: 1201 Fillmore St., San Francisco, CA 94115
Building/Room: Room 8
Focus: How Was Your Week?
Note: We do not meet on holidays
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>
Contact: Jim V. *Phone:* 415.515.0321 *Email:* jimvanover@sbcglobal.net
Contact: *Phone:* *Email:*

ZIP CODE: 94121

San Francisco

Wednesday 12:15pm SF VAMC

339

Address: 4150 Clement St, San Francisco, CA 94121

Building/Room: Bldg 203, Rm GA-48

Focus: How Was Your Week?

Note: Open to military, active or retired only

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Tonisa C.

Phone: 806.290.1293

Email: tclardy2002@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 94401

San Mateo

Saturday 12:00pm Mills Peninsula Health Services

232

Address: 100 S. San Mateo Dr, San Mateo, CA 94401

Building/Room: 4th floor Millennium Room

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Betsy Y.

Phone: 650.576.9316

Email: betsyawn@aol.com

Contact:

Phone:

Email:

ZIP CODE: 94501

Alameda

Wednesday 6:30pm Home of Truth Spiritual Center

241

Address: 1300 Grand St, Alameda, CA 94501

Building/Room: Upstairs

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Gary B

Phone: no phone number

Email: lfrngary@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 94510

Benicia

Tuesday 7:00pm First Baptist Church of Benicia

289

Address: 1055 Southampton Rd, Benicia, CA 94510

Building/Room: Meeting Room D

Focus: How Was Your Week?

Note: Look for sign

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: George K.

Phone: 805-220-8328

Email: denkst@gmail.com

Contact: Greg C.

Phone: 707-771-0490

Email: gsc Cox@pacbell.net

ZIP CODE: 94520**Concord** **Thursday 7:00pm** **Center for Recovery** 264*Address:* 2740 Grant Street, Concord, CA 94520*Building/Room:* Medical Pavilion, Suit 3*Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingsf.org/>*Contact:* Kathy L*Phone:* 925-256-1850*Email:* kthrn_lennon@yahoo.com*Contact:**Phone:**Email:***ZIP CODE: 94531****Antioch** **Monday 11:00am** **Kaiser CDRP** 330*Address:* 3454 Hillcrest Ave., Antioch, CA 94531*Building/Room:* Rm 2A*Focus:* How Was Your Week?*Note:* Does not meet if Kaiser is closed*Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingsf.org/>*Contact:* Bob D.*Phone:* 925.301.3277*Email:* bob00driskell@gmail.com*Contact:**Phone:**Email:***ZIP CODE: 94544****Hayward** **Saturday 5:00pm** **New Bridges Outreach Center** 64*Address:* 27287 Patrick Ave, Hayward, CA 94544*Building/Room:* 2nd Floor*Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingsf.org/>*Contact:* Chris H.*Phone:**Email:* cshappraisals@gmail.com*Contact:**Phone:**Email:***Hayward** **Sunday 5:00pm** **New Bridges Outreach Center** 446*Address:* 27287 Patrick Ave, Hayward, CA 94544*Building/Room:* 2nd Floor*Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingsf.org/>*Contact:* Don S*Phone:* 510-331-5629*Email:* arthurdonaldsalazar53@gmail.com*Contact:**Phone:**Email:***ZIP CODE: 94551****Livermore** **Monday 6:00pm** **Unitarian Universalist Church** 92*Address:* 1893 N.Vasco Rd., Livermore, CA 94551*Building/Room:**Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingsf.org/>*Contact:* Geoffrey L.*Phone:* 415-845-3799*Email:* geoff.lane.phd@gmail.com*Contact:**Phone:**Email:*

ZIP CODE: 94553

Martinez **Wednesday 7:00pm** **Veteran's Hospital** 251

Address: 150 Muir Road, Martinez, CA 94553
Building/Room: conf. rm in Bldg 20
Focus: How Was Your Week?
Note:
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>
Contact: Dennis M *Phone:* 925.768.0049 *Email:* d5n@aol.com
Contact: *Phone:* *Email:*

ZIP CODE: 94568

Dublin **Saturday 11:00am** **John Knox Presbyterian Church** 199

Address: 7421 Amarillo Rd., Dublin, CA 94568
Building/Room: Look for signs
Focus: How Was Your Week?
Note:
Map: [Click here for a Google Map](#) *Local LifeRing Website:* <http://liferingsf.org/>
Contact: Dru B. *Phone:* *Email:* dru.boyd@yahoo.com
Contact: *Phone:* *Email:*

ZIP CODE: 94577

San Leandro **Tuesday 6:15pm** **Kaiser Hospital** 75

Address: 2500 Merced St., San Leandro, CA 94577
Building/Room: Room A-13, first floor
Focus: How Was Your Week?
Note:
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>
Contact: Craig O. *Phone:* 510-517-3345 *Email:* bigox54@sbcglobal.net
Contact: *Phone:* *Email:*

San Leandro **Saturday 9:30am** **All Saint's Episcopal Church** 250

Address: 911 Dowling Boulevard, San Leandro, CA 94577
Building/Room: Fireside Room
Focus: How Was Your Week?
Note:
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>
Contact: John O *Phone:* (510) 357-5273 *Email:* maddogclc@gmail.com
Contact: *Phone:* *Email:*

ZIP CODE: 94587

Union City **Monday 7:00pm** **Kaiser Medical Building** 166

Address: 3551 Whipple Rd., Union City, CA 94587
Building/Room: Building B, 3rd Floor, Rooms A & B
Focus: How Was Your Week?
Note: Does not meet if Kaiser is closed.
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>
Contact: Chris H. *Phone:* *Email:* cshappraisals@gmail.com
Contact: *Phone:* *Email:*

Hayward **Thursday 12:30pm** **Aldon Oliver Sports Park** 151*Address:* 2580 Eden Park Pl, Hayward, CA 94587*Building/Room:* park benches by the ticket office near the main parking lot*Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingsf.org/>*Contact:* Greg S.*Phone:**Email:* starke49@pacbell.net*Contact:* Jacqueline R.*Phone:**Email:* jaykr@att.net**Union City** **Friday 6:00pm** **Kaiser Medical Building** 212*Address:* 3551 Whipple Rd, Union City, CA 94587*Building/Room:* Building B, Third Floor, Room 3D or Room 3C*Focus:* How Was Your Week?*Note:* Does not meet if Kaiser is closed*Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingsf.org/>*Contact:* Tim B.*Phone:**Email:* timothybliss@comcast.net*Contact:**Phone:**Email:***ZIP CODE: 94589****Vallejo** **Tuesday 12:00pm** **Kaiser CDRP** 110*Address:* 800 Sereno Dr., Vallejo, CA 94589*Building/Room:**Focus:* How Was Your Week?*Note:* Sign @ check-in desk*Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingsf.org/>*Contact:* Mike S.*Phone:* 707-287-0038*Email:* mcschmidt@sbcglobal.net*Contact:**Phone:**Email:***Vallejo** **Friday 12:00pm** **Kaiser CDRP** 127*Address:* 800 Sereno Dr., Vallejo, CA 94589*Building/Room:**Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingsf.org/>*Contact:* Terry H.*Phone:**Email:* terryghill@att.net*Contact:**Phone:**Email:***ZIP CODE: 94596****Walnut Creek** **Tuesday 7:30pm** **Kaiser Medical Center** 160*Address:* 1425 S. Main St, Walnut Creek, CA 94596*Building/Room:* MAPLE CONFERENCE ROOM*Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingsf.org/>*Contact:* Rick M.*Phone:**Email:* mcpeakrs@comcast.net*Contact:**Phone:**Email:*

LifeRing California Face-to-Face Meetings, Sorted by Zip Code

Walnut Creek **Wednesday 12:15pm** **Kaiser Medical Center** 329

Address: 710 South Broadway, Walnut Creek, CA 94596

Building/Room: Room 3-C

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Laura M

Phone: 925.699.5566

Email: mosleydance@yahoo.com

Contact:

Phone:

Email:

Walnut Creek **Thursday 7:30pm** **Mt. Diablo UU Church** 198

Address: 55 Eckley Lane, Walnut Creek, CA 94596

Building/Room: Oak Room

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Arnold P.

Phone:

Email: arnoldpustilnik@yahoo.com

Contact:

Phone:

Email:

Walnut Creek **Friday 12:15pm** **Kaiser Medical Center** 399

Address: 710 South Broadway, Walnut Creek, CA 94596

Building/Room: Room 3-E

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Laura M.

Phone: 925.699.5566

Email: mosleydance@yahoo.com

Contact:

Phone:

Email:

ZIP CODE: 94607

Oakland **Tuesday 6:45pm** **Kaiser CDRP** 23

Address: 969 Broadway, Oakland, CA 94607

Building/Room: Group Room 3

Focus: How Was Your Week?

Note: Does not meet if Kaiser is closed

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: D. Woodsum

Phone:

Email: woodsumconstructioninc@gmail.com

Contact:

Phone:

Email:

Oakland **Thursday 6:45pm** **Kaiser CDRP** 104

Address: 969 Broadway, Oakland, CA 94607

Building/Room: Group Room 9

Focus: How Was Your Week?

Note: Does not meet if Kaiser is closed

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Marilyn K.

Phone:

Email: service@lifering.org

Contact:

Phone:

Email:

Oakland **Saturday 10:00am** **Kaiser CDRP** 82

Address: 969 Broadway, Oakland, CA 94607

Building/Room: Group Room 7

Focus: How Was Your Week?

Note: Does not meet if Kaiser is closed

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Patrick K

Phone:

Email: me@patrickkelleher.me

Contact:

Phone:

Email:

ZIP CODE: 94609

Oakland **Tuesday 8:30pm** **MPI** 119

Address: 3100 Summit St., Oakland, CA 94609

Building/Room: 5th Floor, Rm 4

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Liisa P.

Phone:

Email: liisapine@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 94611

Oakland **Sunday 11:00am** **Kaiser Hospital** 156

Address: 3600 Broadway, Oakland, CA 94611

Building/Room: Room at (lower lever) LL HH-2

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: John A.

Phone:

Email: jra8300@sbcglobal.net

Contact:

Phone:

Email:

ZIP CODE: 94704

Berkeley **Monday 8:00pm** **Herrick Hospital** 28

Address: 2001 Dwight Way, Berkeley, CA 94704

Building/Room: Basement Level A

Focus: How Was Your Week?

Note: Follow signs

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Bill C.

Phone: 510.548.9111

Email: andreegraham@yahoo.com

Contact:

Phone:

Email:

Berkeley **Thursday 7:30pm** **Herrick Hospital** 129

Address: 2001 Dwight Way, Berkeley, CA 94704

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Paul A.

Phone:

Email: eastbay.pda@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 94901

San Rafael **Monday 7:30pm** **Bayside Marin** 172

Address: 718 4th St., San Rafael, CA 94901

Building/Room: Meeting Room

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Bryan C.

Phone: 415.450.5376

Email: bcca@chevron.com

Contact:

Phone:

Email:

ZIP CODE: 94903

San Rafael **Wednesday 6:15pm** **San Rafael Kaiser CDU** 134

Address: 111 Smith Ranch Rd., San Rafael, CA 94903

Building/Room: Yosemite Room

Focus: How Was Your Week?

Note: Look for sign

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Steve B.

Phone: (415) 320-2181

Email: sberkley@me.com

Contact:

Phone:

Email:

San Rafael **Friday 6:30pm** **San Rafael Kaiser CDU** 315

Address: 111 Smith Ranch Rd., San Rafael, CA 94903

Building/Room: Yosemite Room

Focus: How Was Your Week?

Note: Look for sign

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Coby S.

Phone: 415-747-5709

Email: cobysmolens@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 94941

Mill Valley **Thursday 6:15pm** **Recovery Without Walls** 162

Address: 3 Madrona Street, Mill Valley, CA 94941

Building/Room:

Focus: How Was Your Week?

Note: Corner of Madrona Street @ Throckmorton Ave

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Coby S.

Phone: 415-747-5709

Email: cobysmolens@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 94952

Petaluma **Tuesday 7:30pm** **Olympia House** 50

Address: 11207 Valley Ford Rd., Petaluma, CA 94952

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsr.org>

Contact: John H

Phone: 707-596-8860

Email: liferingsr@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 95110

San Jose **Tuesday 7:30pm** **Humanist House** 179

Address: 1180 Coleman Ave, San Jose, CA 95110

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Byron K.

Phone: 925-922-3553

Email: byron@lifering.org

Contact:

Phone:

Email:

ZIP CODE: 95125

San Jose **Friday 7:30pm** **Christ the Good Shepherd Church** 72

Address: 1550 Meridian Ave., San Jose, CA 95125

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Byron K.

Phone: 925-922-3553

Email: byron@lifering.org

Contact:

Phone:

Email:

ZIP CODE: 95401

Santa Rosa **Monday 7:30pm** **UNITARIAN CHURCH** 2

Address: 547 Mendocino Ave, Santa Rosa, CA 95401

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google Map](#)

Local LifeRing Website: <http://liferingsr.org>

Contact: GARY W.

Phone: 707-596-8860

Email: liferingsr@gmail.com

Contact:

Phone:

Email:

Santa Rosa **Wednesday 8:00pm** **Kaiser CDRP** 15

Address: 3554 Round Barn Blvd., Santa Rosa, CA 95401

Building/Room: Room H

Focus: How Was Your Week?

Note: between 7th & 10th

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsr.org>

Contact: Chris A.

Phone: 707-596-8860

Email: liferingsr@gmail.com

Contact:

Phone:

Email:

Santa Rosa **Thursday 7:00pm** **Unitarian Universalist Church** 36

Address: 547 Mendocino Ave, Santa Rosa, CA 95401

Building/Room: classroom #2

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsr.org>

Contact: Todd W.

Phone: 707-596-8860

Email: liferingsr@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 95404

Santa Rosa **Friday 1:00pm** **Interlink Self Help Center** 48

Address: 1033 4th St., Santa Rosa, CA 95404

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsr.org>

Contact: Jenn P.

Phone: 707-546-4481 extension 2

Email: liferingsr@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 95436

Forestville **Sunday 1:00pm** **Food For Thought** 76

Address: 6550 Railroad Ave, Forestville, CA 95436

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsr.org>

Contact: David Vergi

Phone: 707-596-8860

Email: liferingsr@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 95442

Glen Ellen **Monday 4:15pm** **Mountain Vista Farm** 47

Address: 3020 Warm Springs Rd, Glen Ellen, CA 95442

Building/Room: Conference Building

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsr.org>

Contact: Dennis S.

Phone:

Email: dmsasquatch@comcast.net

Contact:

Phone:

Email:

ZIP CODE: 95448

Healdsburg **Tuesday 7:00pm** **Good Shepherd Lutheran Church** 217

Address: 1402 University Street, Healdsburg, CA 95448

Building/Room: Conference Room

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsr.org>

Contact: Chris L.

Phone: 707-566-8790

Email: chris@chrislamela.com

Contact:

Phone:

Email:

ZIP CODE: 95472

Sebastopol **Tuesday 7:00pm** **St. Stephen's Episcopal church** 136

Address: 500 Robinson Rd., Sebastopol, CA 95472

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsr.org>

Contact: Eric F. *Phone:* 707-596-8860 *Email:* liferingsr@gmail.com

Contact: *Phone:* *Email:*

Sebastopol **Saturday 12:00pm** **Azure Acres Recovery Center** 270

Address: 2264 Green Hill Rd., Sebastopol, CA 95472

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsr.org>

Contact: D'Ann G. *Phone:* *Email:* girlwpearl@gmail.com

Contact: *Phone:* *Email:*

ZIP CODE: 95628

Fair Oaks **Saturday 9:00am** **Fair Oaks Raley's** 411

Address: 4840 San Juan Ave, Fair Oaks, CA 95628

Building/Room:

Focus: How Was Your Week?

Note: Sunset and San Juan

Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://www.liferingsacramento.org/>

Contact: Jody A. *Phone:* *Email:* harold@lifering.org

Contact: *Phone:* *Email:*

ZIP CODE: 95630

Folsom **Thursday 7:00pm** **Kaiser Folsom** 368

Address: 2155 Iron Point Road, Folsom, CA 95630

Building/Room: 1st floor room across from vending machines

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://www.liferingsacramento.org/>

Contact: Stan K. *Phone:* *Email:* harold@lifering.org

Contact: *Phone:* *Email:*

ZIP CODE: 95661

Roseville **Tuesday 5:00pm** **Roseville Raley's** 340

Address: 1915 Douglas Blvd., Roseville, CA 95661

Building/Room: meeting is inside the store near the magazines in the event center

Focus:

Note:

Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://www.liferingsacramento.org/>

Contact: Brady F. *Phone:* 831-214-3500 *Email:* harold@lifering.org

Contact: *Phone:* *Email:*

Roseville	Sunday 10:00am	Roseville Raley's	412
<i>Address:</i> 1915 Douglas Blvd., Roseville, CA 95661			
<i>Building/Room:</i> meeting is inside the store near the magazines in the event center			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://www.liferingsacramento.org/	
<i>Contact:</i> harold@lifering.org	<i>Phone:</i>	<i>Email:</i> harold@lifering.org	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

ZIP CODE: 95667

Placerville	Sunday 5:00pm	Here & Tao Hypnotherapy	300
<i>Address:</i> 419 Main Street, Placerville, CA 95667			
<i>Building/Room:</i> Suite 318			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://www.liferingsacramento.org/	
<i>Contact:</i> Ben	<i>Phone:</i>	<i>Email:</i> harold@lifering.org	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

ZIP CODE: 95688

Vacaville	Monday 7:00pm	Kaiser Hospital	358
<i>Address:</i> 1 Quality Dr, Vacaville, CA 95688			
<i>Building/Room:</i> Bldg A, 1st Floor			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> behind Peets Coffee			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Darlene B.	<i>Phone:</i> 707.392-8056	<i>Email:</i> lrvacaville@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

Vacaville	Thursday 12:15pm	Kaiser Hospital	180
<i>Address:</i> 1 Quality Dr, Vacaville, CA 95688			
<i>Building/Room:</i> Meet in the waiting area prior to getting a meeting room			
<i>Focus:</i> Women's only meeting			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Valerie R.	<i>Phone:</i>	<i>Email:</i> 52valerie52@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

Vacaville	Thursday 7:00pm	Kaiser Hospital	293
<i>Address:</i> 1 Quality Dr, Vacaville, CA 95688			
<i>Building/Room:</i> Bldg A, 1st Floor			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> behind Peets Coffee			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Brian P.	<i>Phone:</i> 707.689.8036	<i>Email:</i> lrvacaville@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

ZIP CODE: 95758

Elk Grove **Friday 6:00pm** **Raley's Elk Grove** **421**

Address: 4900 Elk Grove Blvd, Elk Grove, CA 95758
Building/Room: Event Center Room
Focus: How Was Your Week?
Note: Meeting sometimes at Peet's Coffee - Look for signs
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://www.liferingsacramento.org/>
Contact: Lisa J. *Phone:* *Email:* liferingsouthsac@yahoo.com
Contact: *Phone:* *Email:*

ZIP CODE: 95821

Sacramento **Tuesday 7:30pm** **Kaiser Watt** **383**

Address: 2829 Watt Blvd., Sacramento, CA 95821
Building/Room: Suite 150, Room 2
Focus: How Was Your Week?
Note:
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://www.liferingsacramento.org/>
Contact: Stan K *Phone:* *Email:* harold@lifering.org
Contact: *Phone:* *Email:*

ZIP CODE: 95823

Sacramento **Monday 4:15pm** **Strategies for Change South** **337**

Address: 4343 Williamsborough Drive, Sacramento, CA 95823
Building/Room:
Focus: Meetings may have a Child Protective Services Orientation
Note:
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://www.liferingsacramento.org/>
Contact: Strategies for Change South *Phone:* (916) 395-3552 *Email:* harold@lifering.org
Contact: *Phone:* *Email:*

Sacramento **Tuesday 4:15pm** **Strategies for Change South** **427**

Address: 4343 Williamsborough Drive, Sacramento, CA 95823
Building/Room:
Focus: Meetings may have a Child Protective Services Orientation
Note:
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://www.liferingsacramento.org/>
Contact: Strategies for Change South *Phone:* (916) 395-3552 *Email:* harold@lifering.org
Contact: *Phone:* *Email:*

Sacramento **Friday 4:25pm** **Strategies for Change South** **338**

Address: 4343 Williamsborough Drive, Sacramento, CA 95823
Building/Room:
Focus: Meetings may have a Child Protective Services Orientation
Note:
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://www.liferingsacramento.org/>
Contact: Strategies for Change South *Phone:* (916) 395-3552 *Email:* harold@lifering.org
Contact: *Phone:* *Email:*

ZIP CODE: 95835

Sacramento **Sunday 11:00am** **Natomas Raley's** 13

Address: 4650 Natomas Blvd, Sacramento, CA 95835
Building/Room: Event Center Inside next to the pharmacy
Focus: How Was Your Week?
Note:
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://www.liferingsacramento.org/>
Contact: Staff *Phone:* *Email:* harold@lifering.org
Contact: *Phone:* *Email:*

ZIP CODE: 95841

Sacramento **Monday 9:00am** **Strategies for Change North** 426

Address: 4441 Auburn Blvd, Ste E, Sacramento, CA 95841
Building/Room: Conf Room
Focus:
Note:
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://www.liferingsacramento.org/>
Contact: Strategies for Change North *Phone:* (916) 473-5764 *Email:* harold@lifering.org
Contact: *Phone:* *Email:*

Sacramento **Wednesday 9:00am** **Strategies for Change North** 423

Address: 4441 Auburn Blvd, Ste E, Sacramento, CA 95841
Building/Room: Conf Room
Focus:
Note:
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://www.liferingsacramento.org/>
Contact: Strategies for Change North *Phone:* (916) 473-5764 *Email:* harold@lifering.org
Contact: *Phone:* *Email:*

Sacramento **Thursday 9:00am** **Strategies for Change North** 424

Address: 4441 Auburn Blvd, Ste E, Sacramento, CA 95841
Building/Room: Conf Room
Focus:
Note:
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://www.liferingsacramento.org/>
Contact: Strategies for Change North *Phone:* (916) 473-5764 *Email:* harold@lifering.org
Contact: *Phone:* *Email:*
