

California LifeRing Meetings

2/22/2019

For additions or changes, please contact the LifeRing Service Center at 1-800-811-4142 or service@lifering.org

LifeRing Face-to-Face Meetings, Sorted by Zip Code

ZIP CODE: 95123

San Jose

Monday 7:30pm

Kaiser

214

Address: 5755 Cottle Rd., San Jose, CA 95123

Building/Room: Building #23, Room #3

Focus: How Was Your Week with introduction to LifeRing included

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Rob A.

Phone: 831-212-0297

Email: liferingsj@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 90026

Los Angeles

Saturday 1:30pm

LifeRing Secular Recovery - Cafe Tropical

215

Address: 2900 W. Sunset Bl., Los Angeles, CA 90026

Building/Room: in the Silver Lake neighborhood

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingcalifornia.org/>

Contact: Christopher s

Phone:

Email: christopherjohn_smith@yahoo.com

Contact:

Phone:

Email:

ZIP CODE: 92104

San Diego

Thursday 6:30pm

North Park Behavioral Health Center

183

Address: 2136 El Cajon Blvd., San Diego, CA 92104

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingcalifornia.org/>

Contact: Greg H.

Phone:

Email: lsrgreg@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 92121

San Diego

Wednesday 6:00pm

Lasting Recovery

121

Address: 6046 Cornerstone Ct W, San Diego, CA 92121

Building/Room:

Focus: How Was Your Week?

Note: Dial #113 if late

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingcalifornia.org/>

Contact: Dave I.

Phone:

Email: liferingsandiego@gmail.com

Contact:

Phone:

Email:

LifeRing Face-to-Face Meetings, Sorted by Zip Code

San Diego **Sunday 6:00pm** **Lasting Recovery** 65

Address: 6046 Cornerstone Ct W, San Diego, CA 92121

Building/Room:

Focus: Workbook meeting

Note: Dial #113 if late

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingcalifornia.org/>

Contact: Leigh J.

Phone:

Email: liferingsandiego@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 92129

San Diego **Monday 7:00pm** **St Timothy's Episcopal Church** 298

Address: 10125 Azuaga St., San Diego, CA 92129

Building/Room:

Focus: How Was Your Week?

Note: Down the breezeway, second door on the left

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingcalifornia.org/>

Contact: Greg H.

Phone:

Email: lsrgregh@gmail.com

Contact:

Phone:

Email:

San Diego **Wednesday 7:00pm** **St. Timothy's Episcopal Church** 297

Address: 10125 Azuaga St., San Diego, CA 92129

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingcalifornia.org/>

Contact: Greg H.

Phone:

Email: lsrgregh@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 92553

Moreno Valley **Monday 6:30pm** **Kaiser Permanente - Addiction Medicine Department** 62

Address: 12815 Heacock St., Moreno Valley, CA 92553

Building/Room: Room #116

Focus: How Was Your Week?

Note: Meeting will not convene on Holidays when Kaiser is closed

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingcalifornia.org/>

Contact: Mike M

Phone: 510-928-8256

Email: ie.lifering@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 92648

Huntington Beach **Thursday 7:00pm** **Huntington Beach Senior Center** 354

Address: 18041 Goldenwest St, Huntington Beach, CA 92648

Building/Room: Travel Resources Room

Focus: How Was Your Week?

Note: Orange County Lifering meeting

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingcalifornia.org/>

Contact: Winsor B

Phone:

Email: oclifering@gmail.com

Contact: Ginny D

Phone:

Email: oclifering@gmail.com

ZIP CODE: 93720

Fresno **Monday 6:30pm** **Kaiser Permanente Medical Center** 131

Address: 7300 N. Fresno St, Fresno, CA 93720
Building/Room: 3rd floor Wawona room
Focus: How Was Your Week?
Note: Located between Herndon & Alluvial
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingcalifornia.org/>
Contact: Jim B. *Phone:* *Email:* jim-bat@pacbell.net
Contact: *Phone:* *Email:*

Fresno **Thursday 8:00pm** **Kaiser Permanente Medical Center** 301

Address: 7300 N. Fresno St, Fresno, CA 93720
Building/Room: 3rd floor in the Sierra Conference Room
Focus: How Was Your Week?
Note: Located between Herndon & Alluvial
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingcalifornia.org/>
Contact: David Roberts *Phone:* 559.213.0098 *Email:* profilesplus@sbcglobal.net
Contact: *Phone:* *Email:*

ZIP CODE: 93726

Fresno **Wednesday 8:00pm** **Fresno Kaiser CDRP** 80

Address: 4785 North 1st St., Fresno, CA 93726
Building/Room: 4th floor Conference room
Focus: How Was Your Week?
Note:
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingcalifornia.org/>
Contact: Tony W. *Phone:* *Email:* twilhelm@extremecomm3.com
Contact: *Phone:* *Email:*

ZIP CODE: 94010

Burlingame **Monday 7:00pm** **Mills-Peninsula Hospital** 85

Address: 1501 Trousdale Dr., Burlingame, CA 94010
Building/Room: Bldg B, 1st floor, Rm D
Focus: How Was Your Week?
Note:
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>
Contact: Mary Beth *Phone:* *Email:* marybeth@lifering.org
Contact: *Phone:* *Email:*

ZIP CODE: 94040

Mountain View **Wednesday 7:30pm** **LifeRing at El Camino Hospital** 74

Address: 2400 Grant Road, Mountain View, CA 94040
Building/Room: Park Pavilion (YMCA building), room 'L'
Focus: How Was Your Week?
Note:
Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>
Contact: Byron K. *Phone:* 925.922.3553 *Email:* byron@lifering.org
Contact: *Phone:* *Email:*

ZIP CODE: 94044

Pacifica **Wednesday 6:00pm** **Pacifica Resource Center** 4

Address: 1809 Palmetto Ave., Pacifica, CA 94044

Building/Room:

Focus: How Was Your Week?

Note: Closed on the major holidays

Map: [Click here for a Google Map](#) *Local LifeRing Website:* <https://twitter.com/lifering94044>

Contact: Corrinne E. *Phone:* *Email:* liferingcorrinnepacifica@gmail.com

Contact: *Phone:* *Email:*

ZIP CODE: 94066

San Bruno **Thursday 12:00pm** **San Bruno VA Clinic** 328

Address: 1001 Sneath Lane, San Bruno, CA 94066

Building/Room: V.A. Clinic, 3rd Floor

Focus: How Was Your Week?

Note: 1 hour meeting

Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>

Contact: Edward G. *Phone:* 415-468-4814 *Email:* emg1946@comcast.net

Contact: *Phone:* *Email:*

ZIP CODE: 94102

San Francisco **Saturday 10:00am** **San Francisco LGBT Community Center** 207

Address: 1800 Market Street, San Francisco, CA 94102

Building/Room: Room 203, 2nd Floor

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>

Contact: Monica F *Phone:* *Email:* monica@pacetua.com

Contact: *Phone:* *Email:*

ZIP CODE: 94110

San Francisco **Friday 6:00pm** **Women's Building** 372

Address: 3543 18th St, San Francisco, CA 94110

Building/Room: Room B

Focus: Workbook Meeting

Note: between Valencia and Guerrero

Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>

Contact: David H. *Phone:* (415) 651-4558 *Email:* davidh.lifering@gmail.com

Contact: *Phone:* *Email:*

ZIP CODE: 94115

San Francisco

Monday 7:15pm

Kaiser CDRP

70

Address: 1201 Fillmore St, San Francisco, CA 94115

Building/Room: Room 5

Focus: How Was Your Week?

Note: We do not meet on holidays

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Jim V.

Phone: 415.515.0321

Email: jimvanover@sbcglobal.net

Contact:

Phone:

Email:

San Francisco

Tuesday 1:00pm

Kaiser CDRP

90

Address: 1201 Fillmore St., San Francisco, CA 94115

Building/Room: Room 8

Focus: How Was Your Week?

Note: We do not meet on holidays

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Jim V.

Phone: 415.515.0321

Email: jimvanover@sbcglobal.net

Contact:

Phone:

Email:

ZIP CODE: 94121

San Francisco

Wednesday 12:15pm

SF VAMC

339

Address: 4150 Clement St, San Francisco, CA 94121

Building/Room: Bldg 203, Rm GA-48

Focus: How Was Your Week?

Note: Open to military, active or retired only

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Tonisa C.

Phone: 806.290.1293

Email: tclardy2002@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 94401

San Mateo

Saturday 12:00pm

Mills Peninsula Health Services

232

Address: 100 S. San Mateo Dr, San Mateo, CA 94401

Building/Room: 1st floor, The Garden Room

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Betsy Y.

Phone: 650.576.9316

Email: betsyawn@aol.com

Contact:

Phone:

Email:

ZIP CODE: 94501

Alameda

Wednesday 6:30pm

Home of Truth Spiritual Center

241

Address: 1300 Grand St, Alameda, CA 94501

Building/Room: Upstairs

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Gary B

Phone: no phone number

Email: lfrngary@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 94510

Benicia **Tuesday 7:00pm** **First Baptist Church of Benicia** 289

Address: 1055 Southampton Rd, Benicia, CA 94510

Building/Room: Meeting Room D

Focus: How Was Your Week?

Note: Look for sign

Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>

Contact: George K. *Phone:* 805-220-8328 *Email:* denkst@gmail.com

Contact: Greg C. *Phone:* 707-771-0490 *Email:* gscox@pacbell.net

ZIP CODE: 94520

Concord **Thursday 7:00pm** **Center for Recovery** 264

Address: 2740 Grant Street, Concord, CA 94520

Building/Room: Medical Pavilion, Suit 3

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>

Contact: Kathy L *Phone:* 925-256-1850 *Email:* kthrn_lennon@yahoo.com

Contact: *Phone:* *Email:*

ZIP CODE: 94531

Antioch **Monday 11:00am** **Kaiser CDRP** 330

Address: 3454 Hillcrest Ave., Antioch, CA 94531

Building/Room: Rm 2A

Focus: How Was Your Week?

Note: Does not meet if Kaiser is closed

Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>

Contact: Scott H. *Phone:* 9252508572 *Email:* ichabodx9@yahoo.com

Contact: *Phone:* *Email:*

ZIP CODE: 94538

Fremont **Wednesday 6:00pm** **LifeRing @ Fremont Hospital CDRP** 60

Address: 39021 Sundale Drive, Fremont, CA 94538

Building/Room: The clinic building across the parking lot from the main hospital

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#) *Local LifeRing Website:*

Contact: Chris H. *Phone:* *Email:* chris@cshappraisals.com

Contact: *Phone:* *Email:*

ZIP CODE: 94544

Hayward **Saturday 5:00pm** **New Bridges Outreach Center** 64

Address: 27287 Patrick Ave, Hayward, CA 94544

Building/Room: 2nd Floor

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Chris H.

Phone:

Email: cshappraisals@gmail.com

Contact:

Phone:

Email:

Hayward **Sunday 5:00pm** **New Bridges Outreach Center** 446

Address: 27287 Patrick Ave, Hayward, CA 94544

Building/Room: 2nd Floor

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Don S

Phone: 510-331-5629

Email: arthurdonaldsalazar53@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 94551

Livermore **Monday 6:00pm** **Unitarian Universalist Church** 92

Address: 1893 N.Vasco Rd., Livermore, CA 94551

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Geoffrey L.

Phone: 415-845-3799

Email: geoff.lane.phd@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 94553

Martinez **Wednesday 7:00pm** **Veteran's Hospital** 251

Address: 150 Muir Road, Martinez, CA 94553

Building/Room: conf. rm in Bldg 20

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Dennis M

Phone: 925.768.0049

Email: d5n@aol.com

Contact:

Phone:

Email:

ZIP CODE: 94558

Napa **Thursday 7:00pm** **Napa LifeRing** 173

Address: 2590 1st Street, Napa, CA 94558

Building/Room: CrossWalk Community Church in the Heritage Room

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: http://liferingsr.org

Contact: Mike S. Joel C. and Melissa

Phone:

Email: [napalifering@gmail.com](mailto:napaLifering@gmail.com)

Contact:

Phone:

Email:

ZIP CODE: 94568

Dublin **Saturday 11:00am** **John Knox Presbyterian Church** 199

Address: 7421 Amarillo Rd., Dublin, CA 94568

Building/Room: Look for signs

Focus: How Was Your Week?

Note:

Map: [Click here for a Google Map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Dru B.

Phone:

Email: dru.boyd@yahoo.com

Contact:

Phone:

Email:

ZIP CODE: 94577

San Leandro **Tuesday 6:15pm** **Kaiser Hosptial** 75

Address: 2500 Merced St., San Leandro, CA 94577

Building/Room: Room A-13, first floor

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Craig O.

Phone: 510-517-3345

Email: bigox54@sbcglobal.net

Contact:

Phone:

Email:

San Leandro **Saturday 9:30am** **All Saint's Episcopal Church** 250

Address: 911 Dowling Boulevard, San Leandro, CA 94577

Building/Room: Fireside Room

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: John O

Phone: (510) 357-5273

Email: maddogclc@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 94587

Union City **Monday 7:00pm** **Kaiser Medical Building** 166

Address: 3551 Whipple Rd., Union City, CA 94587

Building/Room: Building B, 3rd Floor, Rooms A & B

Focus: How Was Your Week?

Note: Does not meet if Kaiser is closed.

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Chris H.

Phone:

Email: cshappraisals@gmail.com

Contact:

Phone:

Email:

Hayward **Thursday 1:45pm** **Aldon Oliver Sports Park** 151

Address: 2580 Eden Park Pl, Hayward, CA 94587

Building/Room: park benches by the ticket office near the main parking lot

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Greg S.

Phone:

Email: starke49@pacbell.net

Contact: Jacqueline R.

Phone:

Email: jaykr@att.net

LifeRing Face-to-Face Meetings, Sorted by Zip Code

Union City **Friday 6:00pm** **Kaiser Medical Building** 212

Address: 3551 Whipple Rd, Union City, CA 94587

Building/Room: Building B, Third Floor, Room 3D or Room 3C

Focus: How Was Your Week?

Note: Does not meet if Kaiser is closed

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Tim B.

Phone:

Email: timothybliss@comcast.net

Contact:

Phone:

Email:

ZIP CODE: 94589

Vallejo **Tuesday 12:00pm** **Kaiser CDRP** 110

Address: 800 Sereno Dr., Vallejo, CA 94589

Building/Room:

Focus: How Was Your Week?

Note: Sign @ check-in desk

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Charisse L.

Phone: 707 712-8481

Email: Charisselee1@hotmail.com

Contact:

Phone:

Email:

Vallejo **Friday 12:00pm** **Kaiser CDRP** 127

Address: 800 Sereno Dr., Vallejo, CA 94589

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Terry H.

Phone:

Email: terryghill@att.net

Contact:

Phone:

Email:

ZIP CODE: 94596

Walnut Creek **Tuesday 7:30pm** **Kaiser Medical Center** 160

Address: 1425 S. Main St, Walnut Creek, CA 94596

Building/Room: MAPLE CONFERENCE ROOM

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Rick M.

Phone:

Email: mcpeakrs@comcast.net

Contact:

Phone:

Email:

Walnut Creek **Wednesday 12:15pm** **Kaiser Medical Center** 329

Address: 710 South Broadway, Walnut Creek, CA 94596

Building/Room: Room 3-C

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Laura M

Phone: 925.699.5566

Email: mosleyldance@yahoo.com

Contact:

Phone:

Email:

LifeRing Face-to-Face Meetings, Sorted by Zip Code

Walnut Creek **Thursday 7:30pm** **Mt. Diablo UU Church** 198

Address: 55 Eckley Lane, Walnut Creek, CA 94596

Building/Room: Oak Room

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Arnold P.

Phone:

Email: arnoldpustilnik@yahoo.com

Contact:

Phone:

Email:

Walnut Creek **Friday 12:15pm** **Kaiser Medical Center** 399

Address: 710 South Broadway, Walnut Creek, CA 94596

Building/Room: Room 3-E

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Laura M.

Phone: 925.699.5566

Email: mosleyldance@yahoo.com

Contact:

Phone:

Email:

ZIP CODE: 94609

Oakland **Tuesday 6:45pm** **Kaiser AMRS** 23

Address: 380 W. MacArthur Blvd, Oakland, CA 94609

Building/Room: Room 4

Focus: How Was Your Week?

Note: Does not meet if Kaiser is closed

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: D. Woodsum

Phone:

Email: woodsumconstructioninc@gmail.com

Contact:

Phone:

Email:

Oakland **Tuesday 8:30pm** **MPI** 119

Address: 3100 Summit St., Oakland, CA 94609

Building/Room: 5th Floor, Rm 4

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Liisa P.

Phone:

Email: liisapine@gmail.com

Contact:

Phone:

Email:

Oakland **Thursday 6:00pm** **Kaiser AMRS** 104

Address: 380 W. MacArthur Blvd, Oakland, CA 94609

Building/Room: Room 2

Focus: How Was Your Week?

Note: Does not meet if Kaiser is closed

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: D. Woodsum

Phone:

Email: woodsumconstructioninc@gmail.com

Contact:

Phone:

Email:

LifeRing Face-to-Face Meetings, Sorted by Zip Code

Oakland **Saturday 10:00am** **Kaiser AMRS** 82

Address: 380 W. MacArthur Blvd, Oakland, CA 94609

Building/Room: Room 1A&B

Focus: How Was Your Week?

Note: Does not meet if Kaiser is closed

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Patrick K

Phone:

Email: me@patrickkelleher.me

Contact:

Phone:

Email:

ZIP CODE: 94611

Oakland **Sunday 11:00am** **Kaiser Hospital** 156

Address: 3600 Broadway, Oakland, CA 94611

Building/Room: Room at (lower lever) LL HH-2

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: John A.

Phone:

Email: jra8300@sbcglobal.net

Contact:

Phone:

Email:

ZIP CODE: 94704

Berkeley **Monday 8:00pm** **Herrick Hospital** 28

Address: 2001 Dwight Way, Berkeley, CA 94704

Building/Room: Basement Level A

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Bill C.

Phone: 510.548.9111

Email: andreegraham@yahoo.com

Contact:

Phone:

Email:

Berkeley **Thursday 7:30pm** **Herrick Hospital** 129

Address: 2001 Dwight Way, Berkeley, CA 94704

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Paul A.

Phone:

Email: eastbay.pda@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 94901

San Rafael **Monday 7:30pm** **Bayside Marin** 172

Address: 718 4th St., San Rafael, CA 94901

Building/Room: Meeting Room

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Coby S.

Phone:

Email: cobysmolens@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 94903

San Rafael **Wednesday 6:45pm** **San Rafael Kaiser CDU** 134

Address: 111 Smith Ranch Rd., San Rafael, CA 94903

Building/Room: Mt. Tam Room

Focus: How Was Your Week?

Note: Look for sign

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Steve B.

Phone: (415) 320-2181

Email: sberkley@me.com

Contact:

Phone:

Email:

San Rafael **Friday 6:30pm** **San Rafael Kaiser CDU** 315

Address: 111 Smith Ranch Rd., San Rafael, CA 94903

Building/Room: Yosemite Room

Focus: How Was Your Week?

Note: Look for sign

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Coby S.

Phone: 415-747-5709

Email: cobysmolens@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 94941

Mill Valley **Thursday 6:15pm** **Recovery Without Walls** 162

Address: 3 Madrona Street, Mill Valley, CA 94941

Building/Room:

Focus: How Was Your Week?

Note: Corner of Madrona Street @ Throckmorton Ave

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Stephanie S

Phone:

Email: stepsart@comcast.net

Contact:

Phone:

Email:

ZIP CODE: 94952

Petaluma **Tuesday 7:30pm** **Olympia House** 50

Address: 11207 Valley Ford Rd., Petaluma, CA 94952

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsr.org/>

Contact: John H

Phone: 707-596-8860

Email: liferingsr@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 95125

San Jose **Friday 7:30pm** **Christ the Good Shepherd Church** 72

Address: 1550 Meridian Ave., San Jose, CA 95125

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Byron K.

Phone: 925.922.3553

Email: byron@lifering.org

Contact:

Phone:

Email:

ZIP CODE: 95401

Santa Rosa **Monday 7:30pm** **UNITARIAN CHURCH** 2

Address: 547 Mendocino Ave, Santa Rosa, CA 95401

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google Map](#)

Local LifeRing Website: <http://liferingsr.org>

Contact: Peter P.

Phone: 707-596-8860

Email: liferingsr@gmail.com

Contact:

Phone:

Email:

Santa Rosa **Wednesday 8:00pm** **Kaiser CDRP** 15

Address: 3554 Round Barn Blvd., Santa Rosa, CA 95401

Building/Room: Room H

Focus: How Was Your Week?

Note: between 7th & 10th

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsr.org>

Contact: Chris A.

Phone: 707-596-8860

Email: liferingsr@gmail.com

Contact:

Phone:

Email:

Santa Rosa **Thursday 7:00pm** **Unitarian Universalist Church** 36

Address: 547 Mendocino Ave, Santa Rosa, CA 95401

Building/Room: classroom #2

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsr.org>

Contact: Todd W.

Phone: 707-596-8860

Email: liferingsr@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 95404

Santa Rosa **Friday 1:00pm** **Interlink Self Help Center** 48

Address: 1033 4th St., Santa Rosa, CA 95404

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsr.org>

Contact: Jenn P.

Phone: 707-546-4481 extension 2

Email: liferingsr@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 95436

Forestville **Sunday 1:00pm** **Food For Thought** 76

Address: 6550 Railroad Ave, Forestville, CA 95436

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsr.org>

Contact: David Vergi

Phone: 707-596-8860

Email: liferingsr@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 95448

Healdsburg **Tuesday 7:00pm** **Good Shepherd Lutheran Church** 217

Address: 1402 University Street, Healdsburg, CA 95448

Building/Room: Conference Room

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsr.org>

Contact: Chris L. *Phone:* 707-566-8790 *Email:* chris@chrislamela.com

Contact: *Phone:* *Email:*

ZIP CODE: 95472

Sebastopol **Tuesday 7:00pm** **St. Stephen's Episcopal church** 136

Address: 500 Robinson Rd., Sebastopol, CA 95472

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsr.org>

Contact: Eric F. *Phone:* 707-596-8860 *Email:* liferingsr@gmail.com

Contact: *Phone:* *Email:*

Sebastopol **Saturday 12:00pm** **Azure Acres Recovery Center** 270

Address: 2264 Green Hill Rd., Sebastopol, CA 95472

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsr.org>

Contact: D'Ann G. *Phone:* *Email:* girlypearl@gmail.com

Contact: *Phone:* *Email:*

ZIP CODE: 95628

Fair Oaks **Saturday 9:00am** **Fair Oaks Raley's** 411

Address: 4840 San Juan Ave, Fair Oaks, CA 95628

Building/Room:

Focus: How Was Your Week?

Note: Sunset and San Juan

Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://www.liferingsacramento.org/>

Contact: Jody A. *Phone:* *Email:* harold@lifering.org

Contact: *Phone:* *Email:*

ZIP CODE: 95630

Folsom **Thursday 7:00pm** **Kaiser Folsom** 368

Address: 2155 Iron Point Road, Folsom, CA 95630

Building/Room: 1st floor room across from vending machines

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://www.liferingsacramento.org/>

Contact: Stan K. *Phone:* *Email:* harold@lifering.org

Contact: *Phone:* *Email:*

ZIP CODE: 95661

Roseville **Tuesday 5:00pm** **Roseville Raley's** 340

Address: 1915 Douglas Blvd., Roseville, CA 95661

Building/Room: meeting is inside the store near the magazines in the event center

Focus:

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://www.liferingsacramento.org/>

Contact: Brady F.

Phone: 831-214-3500

Email: harold@lifering.org

Contact:

Phone:

Email:

Roseville **Sunday 10:00am** **Roseville Raley's** 412

Address: 1915 Douglas Blvd., Roseville, CA 95661

Building/Room: meeting is inside the store near the magazines in the event center

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://www.liferingsacramento.org/>

Contact: harold@lifering.org

Phone:

Email: harold@lifering.org

Contact:

Phone:

Email:

ZIP CODE: 95667

Placerville **Sunday 5:00pm** **Here & Tao Hypnotherapy** 300

Address: 419 Main Street, Placerville, CA 95667

Building/Room: Suite 318

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://www.liferingsacramento.org/>

Contact: Ben

Phone:

Email: harold@lifering.org

Contact:

Phone:

Email:

ZIP CODE: 95688

Vacaville **Monday 7:00pm** **Kaiser Hospital** 358

Address: 1 Quality Dr, Vacaville, CA 95688

Building/Room: Bldg A, 1st Floor

Focus: How Was Your Week?

Note: behind Peets Coffee

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Darlene B.

Phone: 707.392-8056

Email: lrvacaville@gmail.com

Contact:

Phone:

Email:

Vacaville **Thursday 12:15pm** **Kaiser Hospital** 180

Address: 1 Quality Dr, Vacaville, CA 95688

Building/Room: Meet in the waiting area prior to getting a meeting room

Focus: Women's only meeting

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Valerie R.

Phone:

Email: 52valerie52@gmail.com

Contact:

Phone:

Email:

LifeRing Face-to-Face Meetings, Sorted by Zip Code

Vacaville **Thursday 7:00pm** **Kaiser Hospital** 293

Address: 1 Quality Dr, Vacaville, CA 95688

Building/Room: Bldg A, 1st Floor

Focus: How Was Your Week?

Note: behind Peets Coffee

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Brian P.

Phone: 707.689.8036

Email: lrvacaville@gmail.com

Contact:

Phone:

Email:

ZIP CODE: 95758

Elk Grove **Friday 6:00pm** **Raley's Elk Grove** 421

Address: 4900 Elk Grove Blvd, Elk Grove, CA 95758

Building/Room: Event Center Room

Focus: How Was Your Week?

Note: Meeting sometimes at Peet's Coffee - Look for signs

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://www.liferingsacramento.org/>

Contact: Lisa J.

Phone:

Email: liferingsouthsac@yahoo.com

Contact:

Phone:

Email:

ZIP CODE: 95821

Sacramento **Tuesday 7:30pm** **Kaiser Watt** 383

Address: 2829 Watt Blvd., Sacramento, CA 95821

Building/Room: Suite 150, Room 2

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://www.liferingsacramento.org/>

Contact: Stan K

Phone:

Email: harold@lifering.org

Contact:

Phone:

Email:

ZIP CODE: 95823

Sacramento **Monday 4:15pm** **Strategies for Change South** 337

Address: 4343 Williamsborough Drive, Sacramento, CA 95823

Building/Room:

Focus: Meetings may have a Child Protective Services Orientation

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://www.liferingsacramento.org/>

Contact: Strategies for Change South

Phone: (916) 395-3552

Email: harold@lifering.org

Contact:

Phone:

Email:

Sacramento **Tuesday 4:15pm** **Strategies for Change South** 427

Address: 4343 Williamsborough Drive, Sacramento, CA 95823

Building/Room:

Focus: Meetings may have a Child Protective Services Orientation

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://www.liferingsacramento.org/>

Contact: Strategies for Change South

Phone: (916) 395-3552

Email: harold@lifering.org

Contact:

Phone:

Email:

Sacramento **Friday 4:25pm** **Strategies for Change South** 338

Address: 4343 Williamsborough Drive, Sacramento, CA 95823

Building/Room:

Focus: Meetings may have a Child Protective Services Orientation

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://www.liferingsacramento.org/>

Contact: Strategies for Change South *Phone:* (916) 395-3552

Email: harold@lifering.org

Contact:

Phone:

Email:

ZIP CODE: 95835

Sacramento **Sunday 11:00am** **Natomas Raley's** 13

Address: 4650 Natomas Blvd, Sacramento, CA 95835

Building/Room: Event Center Inside next to the pharmacy

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://www.liferingsacramento.org/>

Contact: Staff

Phone:

Email: harold@lifering.org

Contact:

Phone:

Email:

ZIP CODE: 95841

Sacramento **Monday 9:00am** **Strategies for Change North** 426

Address: 4441 Auburn Blvd, Ste E, Sacramento, CA 95841

Building/Room: Conf Room

Focus:

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://www.liferingsacramento.org/>

Contact: Strategies for Change North *Phone:* (916) 473-5764

Email: harold@lifering.org

Contact:

Phone:

Email:

Sacramento **Wednesday 9:00am** **Strategies for Change North** 423

Address: 4441 Auburn Blvd, Ste E, Sacramento, CA 95841

Building/Room: Conf Room

Focus:

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://www.liferingsacramento.org/>

Contact: Strategies for Change North *Phone:* (916) 473-5764

Email: harold@lifering.org

Contact:

Phone:

Email:

Sacramento **Thursday 9:00am** **Strategies for Change North** 424

Address: 4441 Auburn Blvd, Ste E, Sacramento, CA 95841

Building/Room: Conf Room

Focus:

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://www.liferingsacramento.org/>

Contact: Strategies for Change North *Phone:* (916) 473-5764

Email: harold@lifering.org

Contact:

Phone:

Email: