

# California LifeRing Meetings

7/2/2020

For additions or changes, please contact the LifeRing Service Center at 1-800-811-4142 or [service@lifering.org](mailto:service@lifering.org)

## LifeRing Face-to-Face Meetings, Sorted by Zip Code

### ZIP CODE: 95123

San Jose Monday 7:30pm Kaiser 214

Address: 5755 Cottle Rd., San Jose, CA 95123

Building/Room: Building #23, Room #3

Focus: How Was Your Week with introduction to LifeRing included

Note: Meeting is suspended due to the Covid-19 virus; contact the convenor for alternate meeting venues

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Andre S

Phone:

Email: [andre@lifering.org](mailto:andre@lifering.org)

### ZIP CODE: 90026

Los Angeles Saturday 1:30pm LifeRing Secular Recovery - Cafe Tropical 215

Address: 2900 W. Sunset Bl., Los Angeles, CA 90026

Building/Room: in the Silver Lake neighborhood

Focus: How Was Your Week?

Note: Meeting is suspended due to the Covid-19 virus; contact the convenor for alternate meeting venues

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingcalifornia.org/>

Contact: Christopher s

Phone:

Email: [christopherjohn\\_smith@yahoo.com](mailto:christopherjohn_smith@yahoo.com)

### ZIP CODE: 92104

San Diego Thursday 6:30pm North Park Behavioral Health Center 183

Address: 2136 El Cajon Blvd., San Diego, CA 92104

Building/Room:

Focus: How Was Your Week?

Note: Meeting is suspended due to the Covid-19 virus; contact the convenor for alternate meeting venues

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingcalifornia.org/>

Contact: Greg H.

Phone:

Email: [lsrgregh@gmail.com](mailto:lsrgregh@gmail.com)

### ZIP CODE: 92121

San Diego Friday 4:30pm Lasting Recovery 116

Address: 6046 Cornerstone Ct W, San Diego, CA 92121

Building/Room:

Focus: How Was Your Week?

Note: Meeting is suspended due to the Covid-19 virus; contact the convenor for alternate meeting venues

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingcalifornia.org/>

Contact: Dave I.

Phone:

Email: [coordinator@lifering.com](mailto:coordinator@lifering.com)

San Diego Sunday 6:00pm Lasting Recovery 185

Address: 6046 Cornerstone Ct W, San Diego, CA 92121

Building/Room:

Focus: How Was Your Week?

Note: Meeting is suspended due to the Covid-19 virus; contact the convenor for alternate meeting venues

Map: [Click here for a Google map](#)

Local LifeRing Website:

Contact: David I.

Phone:

Email: [coordinator@lifering.com](mailto:coordinator@lifering.com)

**ZIP CODE: 92129**

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**San Diego**

**Monday 7:00pm**

**St Timothy's Episcopal Church**

298

*Address:* 10125 Azuaga St., San Diego, CA 92129

*Building/Room:*

*Focus:* How Was Your Week?

*Note:* Meeting is suspended due to the Covid-19 virus; contact the convenor for alternate meeting venues

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingcalifornia.org/>

*Contact:* Greg H.

*Phone:*

*Email:* [lsrgregh@gmail.com](mailto:lsrgregh@gmail.com)

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**San Diego**

**Wednesday 7:00pm**

**St. Timothy's Episcopal Church**

297

*Address:* 10125 Azuaga St., San Diego, CA 92129

*Building/Room:*

*Focus:* How Was Your Week?

*Note:* Meeting is suspended due to the Covid-19 virus; contact the convenor for alternate meeting venues

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingcalifornia.org/>

*Contact:* Greg H.

*Phone:*

*Email:* [lsrgregh@gmail.com](mailto:lsrgregh@gmail.com)

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**ZIP CODE: 92553**

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**Moreno Valley**

**Monday 6:15pm**

**Kaiser Permanente - Addiction Medicine Department**

62

*Address:* 12815 Heacock St., Moreno Valley, CA 92553

*Building/Room:* Room #116

*Focus:* How Was Your Week?

*Note:* Meeting is suspended due to the Covid-19 virus; contact the convenor for alternate meeting venues

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingcalifornia.org/>

*Contact:* Mike M

*Phone:* 510-928-8256

*Email:* [ie.lifering@gmail.com](mailto:ie.lifering@gmail.com)

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**ZIP CODE: 92648**

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**Huntington Beach**

**Thursday 7:00pm**

**Huntington Beach Senior Center**

354

*Address:* 18041 Goldenwest St, Huntington Beach, CA 92648

*Building/Room:* Travel Resources Room

*Focus:* How Was Your Week?

*Note:* Meeting is suspended due to the Covid-19 virus; contact the convenor for alternate meeting venues

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingcalifornia.org/>

*Contact:* Winsor B

*Phone:*

*Email:* [oclifering@gmail.com](mailto:oclifering@gmail.com)

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**ZIP CODE: 93720**

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**Fresno**

**Monday 6:30pm**

**Kaiser Permanente Medical Center**

131

*Address:* 7300 N. Fresno St, Fresno, CA 93720

*Building/Room:* 3rd floor Wawona room

*Focus:* How Was Your Week?

*Note:* Meeting is suspended due to the Covid-19 virus; contact the convenor for alternate meeting venues

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingcalifornia.org/>

*Contact:* Jim B.

*Phone:*

*Email:* [jim-bat@pacbell.net](mailto:jim-bat@pacbell.net)

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LifeRing Face-to-Face Meetings, Sorted by Zip Code

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**Fresno**                                      **Thursday 8:00pm**                                      **Kaiser Permanente Medical Center**                                      301

*Address:* 7300 N. Fresno St, Fresno, CA 93720  
*Building/Room:* 3rd floor in the Sierra Conference Room  
*Focus:* How Was Your Week?  
*Note:* Meeting is suspended due to the Covid-19 virus; contact the convenor for alternate meeting venues  
*Map:* [Click here for a Google map](#)                                      *Local LifeRing Website:* <http://liferingcalifornia.org/>  
*Contact:* David Roberts                                      *Phone:* 559.213.0098                                      *Email:* [profilesplus@sbcglobal.net](mailto:profilesplus@sbcglobal.net)

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**ZIP CODE: 93726**

**Fresno**                                      **Wednesday 8:00pm**                                      **Fresno Kaiser CDRP**                                      80

*Address:* 4785 North 1st St., Fresno, CA 93726  
*Building/Room:* 4th floor Conference room  
*Focus:* How Was Your Week?  
*Note:* Meeting is suspended due to the Covid-19 virus; contact the convenor for alternate meeting venues  
*Map:* [Click here for a Google map](#)                                      *Local LifeRing Website:* <http://liferingcalifornia.org/>  
*Contact:* Tony W.                                      *Phone:*                                      *Email:* [twilhelm@extremecomm3.com](mailto:twilhelm@extremecomm3.com)

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**ZIP CODE: 94010**

**Burlingame**                                      **Monday 7:00pm**                                      **Mills-Peninsula Medical Center**                                      85

*Address:* 1501 Trousdale, Burlingame, CA 94010  
*Building/Room:* Room D  
*Focus:* How Was Your Week?  
*Note:* Meeting is suspended due to the Covid-19 virus; contact the convenor for alternate meeting venues  
*Map:* [Click here for a Google map](#)                                      *Local LifeRing Website:* <http://liferingsf.org/>  
*Contact:* Mary Beth                                      *Phone:*                                      *Email:* [marybeth@lifering.org](mailto:marybeth@lifering.org)

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**ZIP CODE: 94040**

**Mountain View**                                      **Wednesday 7:30pm**                                      **LifeRing at El Camino Hospital**                                      74

*Address:* 2400 Grant Road, Mountain View, CA 94040  
*Building/Room:* Park Pavilion (YMCA building), room 'L'  
*Focus:* How Was Your Week?  
*Note:* Meeting is suspended due to the Covid-19 virus; contact the convenor for alternate meeting venues  
*Map:* [Click here for a Google map](#)                                      *Local LifeRing Website:* <http://liferingsf.org/>  
*Contact:* Rob A.                                      *Phone:* 831-212-0297                                      *Email:* [iimvanover@sbcglobal.net](mailto:iimvanover@sbcglobal.net)

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**ZIP CODE: 94066**

**San Bruno**                                      **Thursday 12:00pm**                                      **San Bruno VA Clinic**                                      328

*Address:* 1001 Sneath Lane, San Bruno, CA 94066  
*Building/Room:* V.A. Clinic, 3rd Floor  
*Focus:* How Was Your Week?  
*Note:* Meeting is suspended due to the Covid-19 virus; contact the convenor for alternate meeting venues  
*Map:* [Click here for a Google map](#)                                      *Local LifeRing Website:* <http://liferingsf.org/>  
*Contact:* Edward G.                                      *Phone:* 415-468-4814                                      *Email:* [emg1946@comcast.net](mailto:emg1946@comcast.net)

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**ZIP CODE: 94102**

**San Francisco**                      **Saturday 10:00am**                      **San Francisco LGBT Community Center**                      207

*Address:* 1800 Market Street, San Francisco, CA 94102  
*Building/Room:* Room 203, 2nd Floor  
*Focus:* How Was Your Week?  
*Note:* Meeting is suspended due to the Covid-19 virus; contact the convenor for alternate meeting venues  
*Map:* [Click here for a Google map](#)                      *Local LifeRing Website:* <http://liferingsf.org/>  
*Contact:* Monica F                      *Phone:*                      *Email:* [monica@pacetua.com](mailto:monica@pacetua.com)

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**ZIP CODE: 94110**

**San Francisco**                      **Friday 6:00pm**                      **Women's Building**                      372

*Address:* 3543 18th St, San Francisco, CA 94110  
*Building/Room:* Room B  
*Focus:* Workbook Meeting  
*Note:* Meeting is suspended due to the Covid-19 virus; contact the convenor for alternate meeting venues  
*Map:* [Click here for a Google map](#)                      *Local LifeRing Website:* <http://liferingsf.org/>  
*Contact:* David H.                      *Phone:* (415) 651-4558                      *Email:* [davidh.lifering@gmail.com](mailto:davidh.lifering@gmail.com)

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**ZIP CODE: 94115**

**San Francisco**                      **Monday 7:15pm**                      **Kaiser CDRP**                      70

*Address:* 1201 Fillmore St, San Francisco, CA 94115  
*Building/Room:* Room 5  
*Focus:* How Was Your Week?  
*Note:* Meeting is suspended due to the Covid-19 virus; contact the convenor for alternate meeting venues  
*Map:* [Click here for a Google map](#)                      *Local LifeRing Website:* <http://liferingsf.org/>  
*Contact:* Jim V.                      *Phone:* 415.515.0321                      *Email:* [jimvanover@sbcglobal.net](mailto:jimvanover@sbcglobal.net)

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**San Francisco**                      **Tuesday 1:00pm**                      **Kaiser CDRP**                      90

*Address:* 1201 Fillmore St., San Francisco, CA 94115  
*Building/Room:* Room 8  
*Focus:* How Was Your Week?  
*Note:* Meeting is suspended due to the Covid-19 virus; contact the convenor for alternate meeting venues  
*Map:* [Click here for a Google map](#)                      *Local LifeRing Website:* <http://liferingsf.org/>  
*Contact:* Jim V.                      *Phone:* 415.515.0321                      *Email:* [jimvanover@sbcglobal.net](mailto:jimvanover@sbcglobal.net)

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**ZIP CODE: 94121**

**San Francisco**                      **Wednesday 12:15pm**                      **SF VAMC**                      339

*Address:* 4150 Clement St, San Francisco, CA 94121  
*Building/Room:* Bldg 203, Rm GA-48  
*Focus:* How Was Your Week?  
*Note:* Meeting is suspended due to the Covid-19 virus; contact the convenor for alternate meeting venues  
*Map:* [Click here for a Google map](#)                      *Local LifeRing Website:* <http://liferingsf.org/>  
*Contact:* Tonisa C.                      *Phone:* 806.290.1293                      *Email:* [tcclardy2002@gmail.com](mailto:tcclardy2002@gmail.com)

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**ZIP CODE: 94401**

**San Mateo** **Saturday 12:00pm** **Mills Peninsula Health Services** 232

*Address:* 100 S. San Mateo Dr, San Mateo, CA 94401  
*Building/Room:* 1st floor, The Garden Room  
*Focus:* How Was Your Week?  
*Note:* Meeting is suspended due to the Covid-19 virus; contact the convenor for alternate meeting venues  
*Map:* [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>  
*Contact:* Dave B. *Phone:* (650) 714-8872 *Email:* [ddbomgardner@sbcglobal.net](mailto:ddbomgardner@sbcglobal.net)

**ZIP CODE: 94501**

**Alameda** **Wednesday 6:30pm** **Home of Truth Spiritual Center** 241

*Address:* 1300 Grand St, Alameda, CA 94501  
*Building/Room:* Upstairs  
*Focus:* How Was Your Week?  
*Note:* Meeting is suspended due to the Covid-19 virus; contact the convenor for alternate meeting venues  
*Map:* [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>  
*Contact:* Gary B *Phone:* no phone number *Email:* [lfrngary@gmail.com](mailto:lfrngary@gmail.com)

**ZIP CODE: 94510**

**Benicia** **Tuesday 7:00pm** **First Baptist Church of Benicia** 289

*Address:* 1055 Southampton Rd, Benicia, CA 94510  
*Building/Room:* Meeting Room D  
*Focus:* How Was Your Week?  
*Note:* Meeting is suspended due to the Covid-19 virus; contact the convenor for alternate meeting venues  
*Map:* [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>  
*Contact:* George K. *Phone:* 805-220-8328 *Email:* [denkst@gmail.com](mailto:denkst@gmail.com)

**ZIP CODE: 94520**

**Concord** **Thursday 7:00pm** **John Muir Behavioral Health** 264

*Address:* 4080 Port Chicago Hwy, Concord, CA 94520  
*Building/Room:*  
*Focus:* How Was Your Week?  
*Note:* Meeting is suspended due to the Covid-19 virus; contact the convenor for alternate meeting venues  
*Map:* [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>  
*Contact:* Kathy L *Phone:* 925-256-1850 *Email:* [kthrn\\_lennon@yahoo.com](mailto:kthrn_lennon@yahoo.com)

**ZIP CODE: 94531**

**Antioch** **Monday 11:00am** **Kaiser CDRP** 330

*Address:* 3454 Hillcrest Ave., Antioch, CA 94531  
*Building/Room:* Rm 2A  
*Focus:* How Was Your Week?  
*Note:* Meeting is suspended due to the Covid-19 virus; contact the convenor for alternate meeting venues  
*Map:* [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>  
*Contact:* Scott H. *Phone:* 9252508572 *Email:* [ichabodx9@yahoo.com](mailto:ichabodx9@yahoo.com)

LifeRing Face-to-Face Meetings, Sorted by Zip Code

**ZIP CODE: 94538**

**Fremont**                                      **Wednesday 6:00pm**                                      **LifeRing @ Fremont Hospital CDRP**                                      **60**

*Address:* 39021 Sundale Drive, Fremont, CA 94538  
*Building/Room:* The clinic building across the parking lot from the main hospital  
*Focus:* How Was Your Week?  
*Note:* Meeting is suspended due to the Covid-19 virus; contact the convenor for alternate meeting venues  
*Map:* [Click here for a Google map](#)                                      *Local LifeRing Website:*  
*Contact:* Chris H.                                      *Phone:*                                      *Email:* [tshelley@tampabay.rr.com](mailto:tshelley@tampabay.rr.com)

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**ZIP CODE: 94544**

**Hayward**                                      **Saturday 5:00pm**                                      **New Bridges Outreach Center**                                      **64**

*Address:* 27287 Patrick Ave, Hayward, CA 94544  
*Building/Room:* 2nd Floor  
*Focus:* How Was Your Week?  
*Note:* Meeting is suspended due to the Covid-19 virus; contact the convenor for alternate meeting venues  
*Map:* [Click here for a Google map](#)                                      *Local LifeRing Website:* <http://liferingsf.org/>  
*Contact:* Chris H.                                      *Phone:*                                      *Email:* [cshappraisals@gmail.com](mailto:cshappraisals@gmail.com)

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**Hayward**                                      **Sunday 5:00pm**                                      **New Bridges Outreach Center**                                      **446**

*Address:* 27287 Patrick Ave, Hayward, CA 94544  
*Building/Room:* 2nd Floor  
*Focus:* How Was Your Week?  
*Note:* Meeting is suspended due to the Covid-19 virus; contact the convenor for alternate meeting venues  
*Map:* [Click here for a Google map](#)                                      *Local LifeRing Website:* <http://liferingsf.org/>  
*Contact:* Don S.                                      *Phone:* 510-361-1955                                      *Email:* [arthurdonaldsalazar53@gmail.com](mailto:arthurdonaldsalazar53@gmail.com)

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**ZIP CODE: 94551**

**Livermore**                                      **Monday 12:00pm**                                      **St. Bartholomew's Church**                                      **303**

*Address:* 678 Enos Way, Livermore, CA 94551  
*Building/Room:*  
*Focus:* How Was Your Week?  
*Note:* Meeting will resume July 8th.  
*Map:* [Click here for a Google map](#)                                      *Local LifeRing Website:* <http://liferingsf.org/>  
*Contact:* Steve B.                                      *Phone:* 925-207-2430                                      *Email:* [sbowmonster@gmail.com](mailto:sbowmonster@gmail.com)

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**Livermore**                                      **Monday 6:00pm**                                      **Unitarian Universalist Church**                                      **92**

*Address:* 1893 N.Vasco Rd., Livermore, CA 94551  
*Building/Room:*  
*Focus:* How Was Your Week?  
*Note:* Meeting is suspended due to the Covid-19 virus; contact the convenor for alternate meeting venues  
*Map:* [Click here for a Google map](#)                                      *Local LifeRing Website:* <http://liferingsf.org/>  
*Contact:* Geoffrey L.                                      *Phone:* 415-845-3799                                      *Email:* [geoff.lane.phd@gmail.com](mailto:geoff.lane.phd@gmail.com)

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LifeRing Face-to-Face Meetings, Sorted by Zip Code

**Livermore** **Wednesday 12:00pm** **St. Bartholomew's Church** 304

*Address:* 678 Enos Way, Livermore, CA 94551

*Building/Room:*

*Focus:* How Was Your Week?

*Note:* Meeting will resume July 8th.

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Steve B.

*Phone:* 925-207-2430

*Email:* [sbowmonster@gmail.com](mailto:sbowmonster@gmail.com)

**Livermore** **Friday 12:00pm** **St. Bartholomew's Church** 305

*Address:* 678 Enos Way, Livermore, CA 94551

*Building/Room:*

*Focus:* How Was Your Week?

*Note:* Meeting will resume July 8th.

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Steve B.

*Phone:* 925-207-2430

*Email:* [sbowmonster@gmail.com](mailto:sbowmonster@gmail.com)

**ZIP CODE: 94553**

**Martinez** **Wednesday 7:00pm** **Veteran's Hospital** 251

*Address:* 150 Muir Road, Martinez, CA 94553

*Building/Room:* conf. rm in Bldg 20

*Focus:* How Was Your Week?

*Note:* Meeting is suspended due to the Covid-19 virus; contact the convenor for alternate meeting venues

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Dennis M

*Phone:* 925.768.0049

*Email:* [d5n@aol.com](mailto:d5n@aol.com)

**ZIP CODE: 94568**

**Dublin** **Saturday 11:00am** **John Knox Presbyterian Church** 199

*Address:* 7421 Amarillo Rd., Dublin, CA 94568

*Building/Room:* Look for signs

*Focus:* How Was Your Week?

*Note:* Meeting is suspended due to the Covid-19 virus; contact the convenor for alternate meeting venues

*Map:* [Click here for a Google Map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Dru B.

*Phone:*

*Email:* [dru.boyd@yahoo.com](mailto:dru.boyd@yahoo.com)

**ZIP CODE: 94577**

**San Leandro** **Tuesday 6:15pm** **Kaiser Hospital** 75

*Address:* 2500 Merced St., San Leandro, CA 94577

*Building/Room:* Room A-13, first floor

*Focus:* How Was Your Week?

*Note:* Meeting is suspended due to the Covid-19 virus; contact the convenor for alternate meeting venues

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Craig O.

*Phone:* 510-517-3345

*Email:* [bigox54@sbcglobal.net](mailto:bigox54@sbcglobal.net)

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LifeRing Face-to-Face Meetings, Sorted by Zip Code

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**San Leandro**                      **Saturday 9:30am**                      **All Saint's Episcopal Church**                      250

*Address:* 911 Dowling Boulevard, San Leandro, CA 94577

*Building/Room:* Fireside Room

*Focus:* How Was Your Week?

*Note:* Meeting is suspended due to the Covid-19 virus; contact the convenor for alternate meeting venues

*Map:* [Click here for a Google map](#)                      *Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* John O                      *Phone:* (510) 357-5273                      *Email:* [maddogclc@gmail.com](mailto:maddogclc@gmail.com)

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**ZIP CODE: 94587**

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**Union City**                      **Monday 7:00pm**                      **Kaiser Medical Building**                      166

*Address:* 3551 Whipple Rd., Union City, CA 94587

*Building/Room:* Building B, 3rd Floor, Rooms A & B

*Focus:* How Was Your Week?

*Note:* Meeting is suspended due to the Covid-19 virus; contact the convenor for alternate meeting venues

*Map:* [Click here for a Google map](#)                      *Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Chris H.                      *Phone:*                      *Email:* [cshappraisals@gmail.com](mailto:cshappraisals@gmail.com)

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**Hayward**                      **Thursday 1:45pm**                      **Aldon Oliver Sports Park**                      151

*Address:* 2580 Eden Park Pl, Hayward, CA 94587

*Building/Room:* park benches by the ticket office near the main parking lot

*Focus:* How Was Your Week?

*Note:* Meeting is suspended due to the Covid-19 virus; contact the convenor for alternate meeting venues

*Map:* [Click here for a Google map](#)                      *Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Greg S.                      *Phone:*                      *Email:* [starke49@pacbell.net](mailto:starke49@pacbell.net)

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**Union City**                      **Friday 6:00pm**                      **Kaiser Medical Building**                      212

*Address:* 3551 Whipple Rd, Union City, CA 94587

*Building/Room:* Building B, Third Floor, Room 3D or Room 3C

*Focus:* How Was Your Week?

*Note:* Meeting is suspended due to the Covid-19 virus; contact the convenor for alternate meeting venues

*Map:* [Click here for a Google map](#)                      *Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Tim B.                      *Phone:*                      *Email:* [timothybliss@comcast.net](mailto:timothybliss@comcast.net)

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**ZIP CODE: 94589**

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**Vallejo**                      **Tuesday 12:00pm**                      **Kaiser CDRP**                      110

*Address:* 800 Sereno Dr., Vallejo, CA 94589

*Building/Room:*

*Focus:* How Was Your Week?

*Note:* Meeting is suspended due to the Covid-19 virus; contact the convenor for alternate meeting venues

*Map:* [Click here for a Google map](#)                      *Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Charisse L.                      *Phone:* 707 712-8481                      *Email:* [charisselee1@hotmail.com](mailto:charisselee1@hotmail.com)

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**Vallejo**                      **Friday 12:00pm**                      **Kaiser CDRP**                      127

*Address:* 800 Sereno Dr., Vallejo, CA 94589

*Building/Room:*

*Focus:* How Was Your Week?

*Note:* Meeting is suspended due to the Covid-19 virus; contact the convenor for alternate meeting venues

*Map:* [Click here for a Google map](#)                      *Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Terry H.                      *Phone:*                      *Email:* [terryghill@att.net](mailto:terryghill@att.net)

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LifeRing Face-to-Face Meetings, Sorted by Zip Code

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**Oakland**                                      **Saturday 10:00am**                                      **Kaiser AMRS**                                      82

*Address:* 380 W. MacArthur Blvd, Oakland, CA 94609

*Building/Room:* Room 1A&B

*Focus:* How Was Your Week?

*Note:* Meeting is suspended due to the Covid-19 virus; contact the convenor for alternate meeting venues

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Patrick K

*Phone:*

*Email:* [me@patrickkelleher.me](mailto:me@patrickkelleher.me)

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**ZIP CODE: 94611**

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**Oakland**                                      **Sunday 11:00am**                                      **Kaiser Hospital**                                      156

*Address:* 3600 Broadway, Oakland, CA 94611

*Building/Room:* Room at (lower lever) LL HH-2

*Focus:* How Was Your Week?

*Note:* Meeting is suspended due to the Covid-19 virus; contact the convenor for alternate meeting venues

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* John A.

*Phone:*

*Email:* [jra8300@sbcglobal.net](mailto:jra8300@sbcglobal.net)

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**Oakland**                                      **Sunday 12:00pm**                                      **Kaiser Hospital**                                      152

*Address:* 3600 Broadway, Oakland, CA 94611

*Building/Room:* Room at (lower lever) LL HH-2

*Focus:* Recovery by Choice Workbook

*Note:* Meeting is suspended due to the Covid-19 virus; contact the convenor for alternate meeting venues

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Ric R.

*Phone:* 415-900-9783

*Email:* [lthrottr@gmail.com](mailto:lthrottr@gmail.com)

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**ZIP CODE: 94704**

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**Berkeley**                                      **Monday 8:00pm**                                      **Herrick Hospital**                                      28

*Address:* 2001 Dwight Way, Berkeley, CA 94704

*Building/Room:* Basement Level A

*Focus:* How Was Your Week?

*Note:* Meeting is suspended due to the Covid-19 virus; contact the convenor for alternate meeting venues

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Bill C.

*Phone:* 510.548.9111

*Email:* [andreegraham@yahoo.com](mailto:andreegraham@yahoo.com)

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**Berkeley**                                      **Thursday 7:30pm**                                      **Herrick Hospital**                                      129

*Address:* 2001 Dwight Way, Berkeley, CA 94704

*Building/Room:*

*Focus:* How Was Your Week?

*Note:* Meeting is suspended due to the Covid-19 virus; contact the convenor for alternate meeting venues

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Paul A.

*Phone:*

*Email:* [eastbay\\_pda@gmail.com](mailto:eastbay_pda@gmail.com)

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**ZIP CODE: 95688**

**Vacaville** **Monday 7:00pm** **Kaiser Hospital** 358

*Address:* 1 Quality Dr, Vacaville, CA 95688  
*Building/Room:* Bldg A, 1st Floor  
*Focus:* How Was Your Week?  
*Note:* Meeting is suspended due to the Covid-19 virus; contact the convenor for alternate meeting venues  
*Map:* [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>  
*Contact:* Darlene B. *Phone:* 707.392-8056 *Email:* [lrvacaville@gmail.com](mailto:lrvacaville@gmail.com)

**Vacaville** **Thursday 12:15pm** **Kaiser Hospital** 180

*Address:* 1 Quality Dr, Vacaville, CA 95688  
*Building/Room:* Meet in the waiting area prior to getting a meeting room  
*Focus:* Women's only meeting  
*Note:* Meeting is suspended due to the Covid-19 virus; contact the convenor for alternate meeting venues  
*Map:* [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>  
*Contact:* Valerie R. *Phone:* *Email:* [52valerie52@gmail.com](mailto:52valerie52@gmail.com)

**Vacaville** **Thursday 7:00pm** **Kaiser Hospital** 293

*Address:* 1 Quality Dr, Vacaville, CA 95688  
*Building/Room:* Bldg A, 1st Floor  
*Focus:* How Was Your Week?  
*Note:* Meeting is suspended due to the Covid-19 virus; contact the convenor for alternate meeting venues  
*Map:* [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>  
*Contact:* Brian P. *Phone:* 707.689.8036 *Email:* [lrvacaville@gmail.com](mailto:lrvacaville@gmail.com)

**ZIP CODE: 95758**

**Elk Grove** **Friday 6:00pm** **Raley's Elk Grove** 421

*Address:* 4900 Elk Grove Blvd, Elk Grove, CA 95758  
*Building/Room:* Event Center Room  
*Focus:* How Was Your Week?  
*Note:* Meeting is suspended due to the Covid-19 virus; contact the convenor for alternate meeting venues  
*Map:* [Click here for a Google map](#) *Local LifeRing Website:* <http://www.liferingsacramento.org/>  
*Contact:* Lisa J. *Phone:* *Email:* [liferingsouthsac@yahoo.com](mailto:liferingsouthsac@yahoo.com)

**ZIP CODE: 95821**

**Sacramento** **Tuesday 7:30pm** **Kaiser Watt** 383

*Address:* 2829 Watt Blvd., Sacramento, CA 95821  
*Building/Room:* Suite 150, Room 2  
*Focus:* How Was Your Week?  
*Note:* Meeting is suspended due to the Covid-19 virus; contact the convenor for alternate meeting venues  
*Map:* [Click here for a Google map](#) *Local LifeRing Website:* <http://www.liferingsacramento.org/>  
*Contact:* Stan K *Phone:* *Email:* [harold@lifering.org](mailto:harold@lifering.org)



